



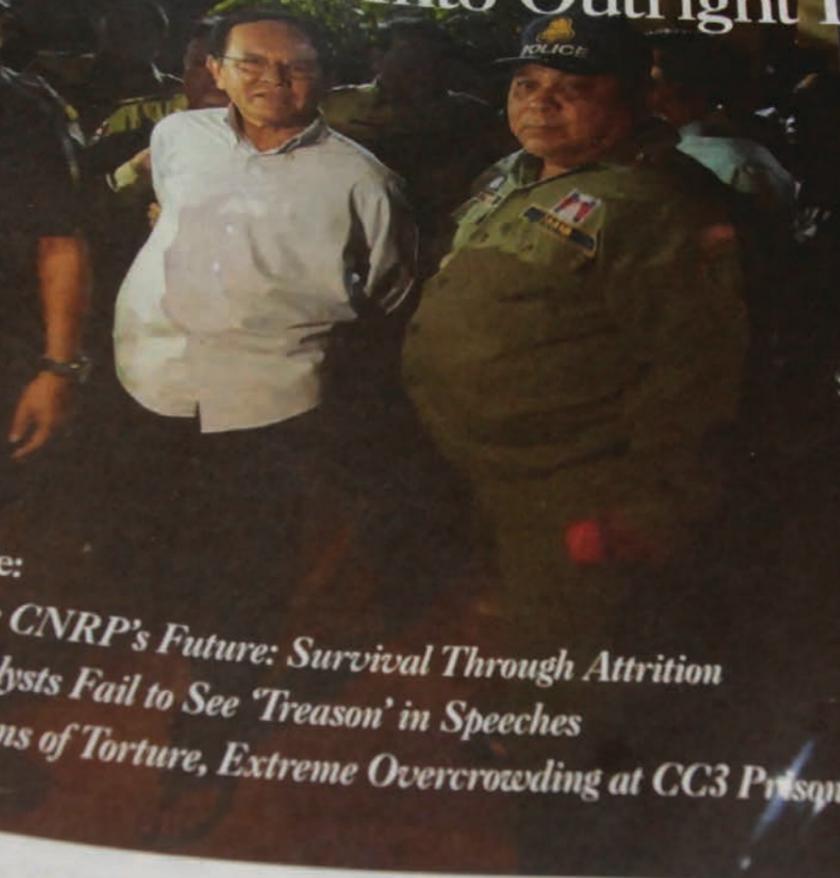
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Final Issue
All the News Without Fear or Favor
The CAMBODIA DAILY

Monday, September 4, 2017

2,500 riel/63 cents

'Descent Into Outright Dictatorship'



The Cambodia Daily

The arrest of opposition leader Kem Sokha sent the opposition reeling, donors drafting statements, army generals cheering and observers warning of a descent into unbridled dictatorship yesterday.

A rapidly escalating crackdown on government critics reached CNRP President Kem Sokha's Phnom Penh doorstep early yesterday morning as police arrested the opposition leader on treason charges.

Hing Soksan, the head of the CNRP's youth wing, also said he was in hiding after plainclothes police officers swarmed his home in Phnom Penh yesterday evening.

"Today is when all the diplomats, donors and U.N. agency staff who argued it was possible to handle Hun Sen now finally have to stare at the dictator unmasked—and realize that the idea of a free and fair 2018 election was their own pipe dream," Phil Robertson, deputy Asia director at Human Rights Watch, wrote in an email yesterday.

CPP spokesman Sok Eysan suggested that more arrests were coming and said Cambodia would be better off for the moves.

"I think those people lie. Instead it will make democracy be strengthened and improved," Mr. Eysan said. "Please wait and see...whether our democracy dies or lives."

No one appeared more surprised by the turn of events than Mr. Sokha, who was photographed with a look of shock and disdain as he was escorted in handcuffs from his

Inside:

- The CNRP's Future: Survival Through Attrition
- Analysts Fail to See 'Treason' in Speeches
- Claims of Torture, Extreme Overcrowding at CC3 Prison

Cambodia Daily Announces Immediate Closure Amid Threat

The Cambodia Daily

Facing imminent threats of closure and legal action over a disputed \$6.3 million tax bill, The Cambodia Daily will cease operations as of today, bringing to a close more than 24 years of independent journalism.

"The power to tax is the power to destroy. And after 24 years and 15 days, the Cambo-

dian government has destroyed The Cambodia Daily, a special and singular part Cambodia's free press," said the Daily's owner Deborah Krisher-Steele.

The announcement came exactly one month after a document from the General Department of Taxation was leaked online, giving the Daily until today to pay the tax bill, and

less than two weeks after Prime Minister Hun Sen described the publishers as "thieves" and told them to either pay the tax or "pack up and go."

The Daily has insisted that the tax dispute is politically motivated, calling for a proper audit and good faith negotiations. Meetings between the newspaper's management and tax officials, however, have



MOVIES: IT
 BOOKS: THE GOLDEN HOUSE BY SALMAN RUSHDIE
 MUSIC: TREASURES UNTOLD BY TOM BROUSSEAU
 WINE: TASTING I
 TRAVELOG: TURN OVER A NEW LEAF

'DESCENT INTO OUTRIGHT DICTATORSHIP'

The LAST HEADLINE

During its 24-year-run, the Cambodia Daily served as a model for budding journalists, its stories offering a window into a growing nation that is still emerging from decades of conflict and genocide. Last Monday, the venerable broadsheet appeared in newsstands for the last time; the latest victim of a push by Hun Sen to silence critics in the run-up to next year's elections

DRIVE IN

Lindsey Bahr, AP Film Writer

A FEW GOOD SCARES CAN'T HOLD 'IT' TOGETHER

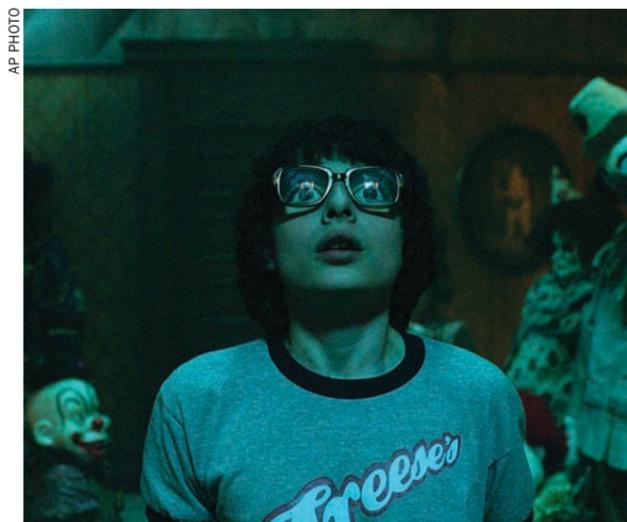
Here's the good news: Pennywise is as creepy as ever in the new "It." Thanks to a bigger budget and some improved special effects some 27 years later he really gets the chance to spook the kids of Derry, Maine. Bill Skarsgard (Son of Stellan, brother of Alexander) has infused Stephen King's killer clown with a pathological menace that's more reminiscent of Heath Ledger's Joker than Tim Curry's goofily sadistic take on the character in the 1990s miniseries adaptation. It helps that he's gotten an upgraded makeup job and a more antiquated (and scarier) costume of 17th

century ruffs and muted whites. His teeth are bigger, his hair is less cartoonish, his eyes are more yellow and his mobility has become terrifyingly kinetic. Indeed, the new "It" goes all-out with the horror in Part One of the story, which is focused on the plight of a group of children in the 1980s who are haunted and hunted by a clown only they can see. Things that the miniseries only alluded to are depicted with merciless glee. Did you want to see a gang of bullies cutting a kid's stomach? "It" has that. Or witness a father looking lustily at his preteen daughter? "It" has that too.

The bad news is that "It" still doesn't add up to much. Directed by Andy Muschietti, "It" is a deeply hateful film with the pretenses of being an edgy throwback genre mashup, a la "Stranger Things." One of the "Stranger Things" kids even has a part in "It": Finn Wolfhard plays the jokester Richie. The other kids just look like they might have been part of the Netflix series — Jaeden Lieberher as Bill, Sophia Lillis as Beverly, Chosen Jacobs as Mike, Jack Dylan Grazer as Eddie, Wyatt Oleff as Stanley and Jeremy Ray Taylor as Ben. But unlike, say, "Stranger Things," or horror films that lull you in with familiar circumstances before introducing the insane, there is nothing remotely relatable or realistic about this setting. This makes it especially hard to connect or engage with the tormented kids. Both the parents and bullies are like fun-home distortions of recognizably cruel humans. With three credited screenwriters (Chase Palmer, Gary Dauberman and Cary Fukunaga, who was originally set to direct) the story is an unforgivable mess. Instead of building tension and suspense, "It" just jumps from scene to scares with no connection or coherence to thread them together other than the mere fact that they've been placed on top of one-another, like toys mixed up from different sets. And yet "It" does have a few tricks up its Victorian ruff. The



Bill Skarsgard in a scene from "It"



Finn Wolfhard in a scene from "It"

largely unknown kids of the losers club are good, with standout performances from Lieberher ("Midnight Special"), Taylor and Lillis with her perfectly '80s Kerri Green-vibe. And there are a few guaranteed jump-out-of-your-seat moments, including the flawlessly rendered opening with Frankie, the toy boat and the sewer that has continued to haunt generations of kids who either read King's book or caught the now cheesy looking miniseries on TV too young. With the R-rating, you do have

to wonder who this "It" is really for — the now-grown kids of the '80s and '90s who were traumatized the first time around and can't get enough of their own nostalgia? Or is it just a dare for the under-17 crowd, who are more likely to forgive the story flaws and just submit to the scares? Like so many movies now, "It" is an intentionally incomplete tale — a story-setting teaser for what's to come in Part Two. Maybe by the time that comes

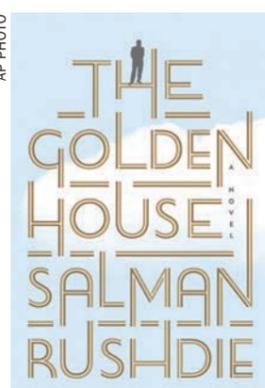
out the kids who snuck in to this "It" will be old enough to harbor their own wistfulness for the first they saw Pennywise. And then there's the scarier thought: Will the cycle just continue until we're all floating endlessly in our own nostalgia?

"It," a Warner Bros. release, is rated R by the Motion Picture Association of America for "violence/horror, bloody images, and for language." Running time: 135 minutes. ★★☆☆

BOOK IT

RUSHDIE CRAFTS MODERN MASTERPIECE IN 'THE GOLDEN HOUSE'

If you read a lot of fiction, you know that every once in a while you stumble upon a book that transports you, telling a story full of wonder and leaving you marveling at how it ever came out of the author's head. "The Golden House" is one of those books. The title refers to the lower Manhattan residence of the Golden family. It's the home of Nero and his three sons, Apu, Petya and D. The narrator is a neighbor named Rene, an aspiring filmmaker who realizes the Golden family has a story to tell. And what a story. With a patriarch named Nero, it's a tale borne of tragedy doomed to end with even more, but Salman Rushdie grounds it in realism, setting it against contemporary politics and culture. The year is current, but instead of Donald Trump, Americans elect "The Joker" — "his hair green and luminous with triumph." There are plots that center around the Bombay



"The Golden House" (Random House) by Salman Rushdie

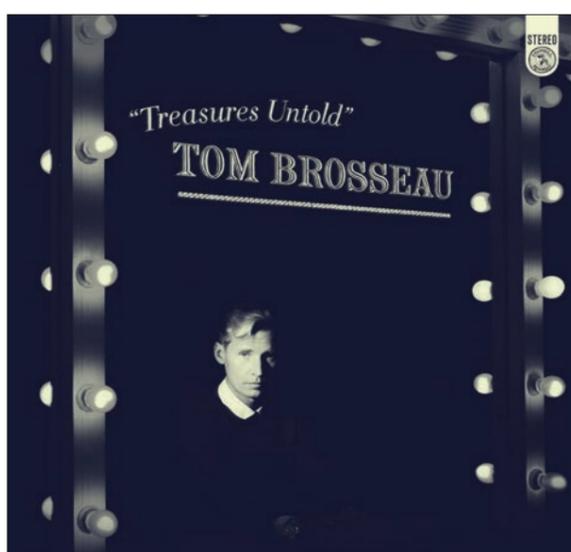
mafia, terrorism and gender identity, and enough film references to stump even the most ardent cinephile. Rushdie plays with narrative forms throughout as well — from Rene's first-person account to character monologues to entire scenes imagined as a screenplay, complete with stage directions. If that sounds like a recipe for a jumbled mess, it's not. The narrator is never gone for long and his voice is so original

and the story so propulsive that all the references and storytelling forms feel organic, not forced. "I rued the day when I allowed myself ... to be drawn into the orbit of the Golden house ..." writes Rushdie as Rene. "After Hubris comes Nemesis: Adrasteia, the inescapable. ... To be untrue to thyself, youth!, that is the highest treason. Even the strongest fortresses can be taken by a siege. And the sky that we look upon may tumble and fall, and a mountain may crumble to the sea." Each turn of the page adds another piece to the unfolding puzzle. Slowly, Rushdie relates the backstory of Nero and reveals the fates of his sons, all the while ensnaring his narrator in the story. The final image, of a spinning camera circling the survivors, is dizzying, a fitting end to a novel that tackles more than a handful of universal truths while feeling wholly original.

Rob Merrill, AP

TTUNES

A FIRST-CLASS HUM AND MORE FROM TOM BROSSAU



Tom Brosseau, "Treasures Untold" (Crossbill)

A character in a Tom Brosseau song doesn't just cry — he wipes his eyes with his tie. Such details magnify the beauty in Brosseau's precise performing style. The wonderfully quirky North Dakota singer-songwriter goes live on "Treasures Untold," and the show's pace is unhurried from the start, with lengthy silence between songs contributing to the reflective mood. The recording opens not with the swell of a cheering crowd, but the sound of coins dribbling on a table in an otherwise quiet room. Next there's a lengthy, typically eclectic acoustic guitar intro. The set showcases Brosseau's spartan, deceptively accomplished playing. Then comes his high tenor, an intimate and inviting instrument that makes a listener lean forward. At times Brosseau sings a cappella, or accompanies himself with a single plucked string, and he has a first-class hum. Original tunes are mixed with well-chosen covers by such heavyweights as Hank Williams, A.P. Carter and Jimmie Rodgers. Brosseau sings of misplaced trust, eternal damnation and love at first sight. There's also a nod to Indian food. The album was recorded in Cologne, Germany, of all places. "I had a mind for rambling, so far away from home," Brosseau sings. When the spectators applaud, it sounds as if there are a couple of dozen people present. They're lucky to be.

Steven Wine, AP

NEWS OF THE WORLD

Todd Pitman, AP, Phnom Penh



A vendor (left) sells the final issue of The Cambodia Daily to a customer



The first issue of The Cambodia Daily is seen at the newspaper's office



The Cambodia Daily's editorial staff watch their final layout of its last issue at their office

Cambodia paper is latest victim of intensifying crackdown

When Cambodia's main opposition leader was arrested last weekend in a surprise police raid, one of the country's last independent media outlets rushed reporters out in the middle of night to cover the story, just as it has done for nearly a quarter century. But the English-language Cambodia's Daily's reportage about the arrest of Kem Sokha, who stands accused by the government of treason, was a tragic story in and of itself: it was to be the paper's last.

Last Monday the venerable broadsheet, which has helped pioneer press freedom and train generations of journalists since it was founded in 1993, appeared in newsstands for the last time — the latest victim of a determined push by the government of Prime Minister Hun Sen to silence critics in the run-up to 2018 elections. The paper's owners said they were forced to close because of "extra-legal threats by the government," a reference to a USD6 million tax bill they say authorities contrived with no audit and a single purpose — to shut them down.

"It's terrible, it's frustrating," said Chhorn Chansy, who worked for a decade at the paper as a reporter and news editor. "We normally write about others. We can't believe

that this happened to us." During its 24-year-run, the Cambodia Daily served as a model for budding journalists, its stories offering a window into a growing nation that is still emerging from decades of conflict and genocide. About half the Daily's 30 editorial staff were Cambodian; the other half were foreigners drawn from around the world.

The paper, which included a Khmer-language section, acquired a reputation for hard-hitting investigations in a nation where such things were rare. It was also a consistent thorn in Hun Sen's side. Its final front-page headline, "Descent into Outright Dictatorship," ran above a story about Kem Sokha's arrest.

Below the piece was another announcing last Monday's edition would be its last.

Jodie DeJonge, the paper's American chief editor, called the closure a "blow against press freedom, a blow against allowing dissenting voices to be heard, a blow against democracy in Cambodia."

"It's hard to imagine that after working for so hard for so long, these journalists just have to walk away," she said.

The Daily's fate is part of a much broader government crackdown on

critics that has intensified dramatically in recent weeks and left many wondering where the nation is headed. It's also part of a major shift away from American influence, which has waned for years as Cambodia edges closer to China.

Last month, authorities expelled the Washington-based National Democratic Institute and ordered at least a dozen radio stations shut down for allegedly violating broadcasting agreements. Although Ouk Kimseng, an information ministry spokesman, said the government was simply enforcing the law, the stations appear to have been singled out because they gave air time to opposition politicians and to the U.S. government-funded Voice of America and Radio Free Asia, which have also been accused by authorities of failing to pay taxes. The stations were among only a few in the country considered independent, and their closure will have a profound impact on the ability of rural populations — which comprise a majority of the country — to obtain contrarian views. "How will the Cambodian people be able to evaluate or access real information?" asked Yi Chhorvorn, managing director of Mohanokor Radio, which was among those shuttered with little explanation.

Mu Sochua, a senior member of the opposition party, said the fate of the free press and the arrest of Kem Sokha are part of a government strategy aimed at clearing the stage for Hun Sen ahead of elections next year. "They think that any voice that is critical has to be eliminated — the media, independent analysts, human rights groups, trade unions, the opposition." But free speech, she said, is critical for Cambodia to grow. "This is not about winning or not winning. It's about giving democracy a chance."

Although Cambodia is nominally a democratic state, its institutions remain fragile and the rule of law weak. Hun Sen, one of the world's longest-serving rulers, has been in office since 1985 and has held tightly onto it since. Contentious elections in recent years, however, have seen an emboldened opposition slowly chip away at his party's strength.

When the Daily was founded 24 years ago by Bernard Krishner, a veteran American journalist now living in Tokyo, Cambodia's government, emerging from the chaos of years of war, was barely functioning. DeJonge, who also worked for The Associated Press for more than 20 years, acknowledged the paper had not paid taxes for most of its exist-

ce, but it operated openly for years under the patronage of the late King Norodom Sihanouk, who stepped down from the throne in 2004. It has also run at a loss since at least 2008, so there were never going to be many taxes to pay.

It is unclear how the government's tax bill was calculated. Authorities never visited the paper to conduct an audit and never allowed an appeal.

When Krishner's daughter, Deborah Krishner-Steele, registered the paper properly in April and began paying taxes for the first time, it may have given the government the opening it was looking for. On Monday, the tax department requested immigration authorities prevent her husband, Douglas Steele, from leaving without paying up.

DeJonge said the paper's targeting clearly indicated political motives; as many as 90 percent of Cambodian businesses are not tax-compliant, she said.

"It's crushing that tomorrow we are not going to wake up and keep working," DeJonge said as dozens of reporters wearing blue-and-white T-shirts emblazoned with the words "Save Press Freedom" worked into the night Sunday on the paper's final edition.

A few had tears in their eyes. "Cambodia's democracy is dying in the darkness. Who is going to shine a light on that now?" DeJonge said. "We just don't know."

Part of that task will be left to the English-language Phnom Penh Post, which on Monday was already calling itself "Cambodia's only international award-winning newspaper."

WORLD OF BACCHUS

David Rouault



CHÂTEAU COUTET À BARSAC, PREMIER CRU CLASSÉ, SAUTERNES 1988

Blend of Sémillon, Sauvignon Blanc and a little bit of Muscadelle, this is a sweet white wine very representative of the Sauternes style, even if Barsac appellation tends to be less luscious than the usual Sauternes. The tasting was of a half-bottle (375ml) which ages faster than a full bottle, as the micro-oxygenation through the cork has a smaller quantity of wine to influence. Due to its age this wine shows some old gold colour with some orange-like-summer-sunset reflection. The legs are very thick, owing to a 13.5 percent vol. of alcohol and its high sugar content. The nose shows some orange marmalade, caramel, fresh almond and honey wax. The palate is fresh at first with a lively acidity of dried fig flavours, citrus, apricot, and a medium finish on an elegant sweetness. Not too heavy, very good to drink now until 2020.



CHÂTEAU DE LA DAUPHINE, FRONSAC 2001

Much more affordable than its two prestigious neighbours Saint-Émilion and Pomerol, Fronsac offers well-balanced wines where Merlot shines (90 percent in the case of this wine completed with 10 percent Cabernet Franc). After more than fifteen years since harvest, the wine shows a distinctive tawny colour on its rim, and relatively thick tears with its 13.5 percent vol. of alcohol. The bouquet is delicate and elegant with some liquorice, cassis sorbet, cigar box and spices. Very round with smooth tannins (only 30 percent aged in young oak) and refreshing acidity. Medium body with black fruits, liquorice wood-stick, long and elegant finish on ripe cherry which leaves the palate light and clean, calling for another sip. Good value Bordeaux to drink now until late 2018.

Tasting I

Now that we have chosen a bottle of wine based on our favourite grape(s), stored it carefully, prepared the perfect matching food, decanted it and just served it, we are finally ready for the most interesting part of the wine process, which is of course, the tasting. Wine tasting involves three out of our five senses: sight, smell and taste. Or from up to down: eyes, nose and mouth. The first step - and our first article of three - the visual. Usually the most underrated, yet it gives plenty of information. First, make sure to always hold your glass by the stem. This is primarily to not warm it - supposedly it is already served at the optimum temperature. But it is also easier to swirl and look at, and ultimately it just looks more elegant than holding it like a mug. Use a white background (tablecloth, napkin etc.) and under natural light if possible. Tilt the glass away to have a clear look at its real colour and at the rim. If the wine is cloudy this could indicate a fault. The darker the wine, the more elements, so the richer. For white wines, the clearer, the lighter. A deeper colour can

indicate the use of oak, that it is a sweet wine, or if turning to a gold/orange colour that it is old. A green hue can indicate that the grapes were under-ripe and/or the wine comes from a cold climate. For red wines the more tawny the rim the older the wine. If it is of brown colour and the wine looks watery it is most likely too old. Then bring the glass back upright. Some viscosity appears on the side of the glass which are called "legs" or "tears". This is created by the evaporation of the alcohol and water, and eventually sugar. The thicker the legs, the more alcohol content in the wine. In the case of red wine, if the legs still show some red-ish colour, it is the indication of a very rich wine coming from a hot climate. Paolo Basso says that if the legs separate evenly and close to each other, that suggests a wine with a strong bouquet. He is the only one I've ever heard saying that, yet he won the title of 2013 World's Best Sommelier. Here are two rather old and extremely different French wines from Bordeaux region. Wines available at : www.501wine.com.

David Rouault is a professional classical musician, part time wine consultant and full time wine lover, holding WSET Level 3, Certified Specialist of Wine and Introductory Sommelier diplomas. www.dionysos.com

RESTAURANTS

CANTONESE



GRAND IMPERIAL COURT
5pm - 12midnight
T: 8802 2539
Level 2, MGM MACAU



IMPERIAL COURT
Monday - Friday
11am - 3pm / 6pm - 11pm
Saturday, Sunday & Public Holidays
10am - 3pm / 3pm - 11pm
T: 8802 2361
VIP Hotel Lobby, MGM MACAU

BEIJING KITCHEN
Level 1, Grand Hyatt Macau
Opening Hours
11:30am - 24:00



KAM LAI HEEN
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3821
11:00 - 15:00 / 18:00 - 22:00
(Close on Tuesday)

SHANGHAI MIN
Level 1, The Shops at The Boulevard
Opening Hours
11:00 - 15:00; 18:00 - 22:30

SHANGHAI

CATALPA GARDEN
Mon - Sunday
11:00 - 15:00 / 17:30 - 23:00
Hotel Royal, 2-4
Estrada da Vitoria
T: 28552222

FRENCH

**寶雅座
AUX BEAUX ARTS**

AUX BEAUX ARTS
Monday - Friday
6pm - 12midnight
Saturday - Sunday
11am - 12midnight
T: 8802 2319
Grande Praça, MGM MACAU

GLOBAL

HARD ROCK CAFE
Level 2, Hard Rock Hotel
Opening Hours
Monday to Sunday : 11:00 - 02:00
Sunday : 10:00 - 02:00

CAFÉ BELA VISTA
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 87933871
Mon -Thurs
06:30 - 15:00 / 6:00 - 22:00
Fri - Sunday
06:30 - 22:00

MEZZA9 MACAU
Level 3, Grand Hyatt Macau
Opening Hours
Dinner: 5:30 - 11:00

VIDA RICA (RESTAURANT)
2/F, Avenida Dr Sun Yat Sen, NAPE
T: 8805 8918
Mon - Sunday
6:30 - 14:30 / 18:00 - 23:00



MORTON'S OF CHICAGO
The Venetian(r) Macao-Resort-Hotel
Taipa, Macau
T:853 8117 5000
mortons.com
• Bar
Open daily at 3pm
• Dining Room
Monday - Saturday: 13:00 - 23:00
Sunday: 17:00 - 22:00

ABA BAR

ABA BAR
5pm - 12midnight
T: 8802 2319
Grande Praça, MGM MACAU



**甜點
PASTRY BAR**
10am - 8pm
T: 8802 2324
Level 1, MGM MACAU



ROSSIO
7am - 11pm
T: 8802 2372
Grande Praça, MGM MACAU



SQUARE EIGHT
24 hours
T: 8802 2389
Level 1, MGM MACAU

ITALIAN

LA GONDOLA
Mon - Sunday
11:00am - 11:00pm
Praia de Cheoc Van, Coloane,
next to swimming pool
T: 2888 0156



PORTOFINO
Casino Level1, Shop 1039,
The Venetian Macao
TEL: +853 8118 9950



AFRIKANA
Sun to Thu: 04:00pm - 01:00am,
Fri, Sat and Eves of Public Holidays:
06:00pm - 03:00am
Location : AfriKana, Macau Fisherman's
Wharf
Telephone Number : (853) 8299 3678

JAPANESE

SHINJI BY KANESAKA
Level 1, Crown Towers
Lunch 12:00 - 15:00
Dinner 18:00 - 23:00
Closed on
Tuesday (Lunch and Dinner)
Wednesday (Lunch)

ASIAN PACIFIC

ASIA KITCHEN
Level 2, SOHO at City of Dreams
Opening Hours
11:00 - 23:00

GOLDEN PAVILION
Level 1, Casino at City of Dreams
Opening Hours
24 Hours



GOLDEN PEACOCK
Casino Level1, Shop 1037,
The Venetian Macao
TEL: +853 8118 9696
Monday - Sunday:
11:00 - 23:00

PORTUGUESE

CLUBE MILITAR
975 Avenida da Praia Grande
T: 2871 4000
12:30 - 15:00 / 19:00 - 23:00

FERNANDO'S
9 Praia de Hac Sa, Coloane
T: 2888 2264
12:00 - 21:30

THAI



NAAM
Grand Lapa, Macau
956-1110 Avenida da Amizade, The Resort
T: 8793 4818
12:00 - 14:30 / 18:30 - 22:30
(Close on Mondays)

BARS & PUBS



38 LOUNGE
Altrira Macau,
Avenida de Kwong Tung, 38/F Taipa
Sun-Thu: 13:00 - 02:00
Fri, Sat and Eve of public holiday:
15:00 - 03:00

R BAR
Level 1, Hard Rock Hotel
Opening Hours
Sun to Thu:
11:00 - 23:00
Fri & Sat:
11:00 - 24:00

THE ST. REGIS BAR
Level One, The St. Regis Macao
Cuisine: Light Fare
Atmosphere: Multi-Concept Bar
Setting: Refined, Inviting
Serving Style: Bar Menu
Dress Code: Casual
Hours: 12:00 PM - 1:00 AM; Afternoon Tea:
2:00PM - 5:30 PM
Phone: +853 8113 3700
Email: stregisbar.macao@stregis.com



D2
Macao Fisherman's Wharf
Edf. New Orleans III
Macao

VIDA RICA BAR
2/F, Avenida Dr. Sun Yat Sen, NAPE
T: 8805 8928
Monday to Thursday: 12:00 - 00:00
Friday: 12:00 - 01:00
Saturday: 14:00 - 01:00
Sunday: 14:00 - 00:00

VASCO
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3831
Monday to Thursday: 18:30 - 12:00
Friday to Saturday: 18:00 - 02:00
Sunday: 18:00 - 24:00

TRAVELOG

William J. Kole, AP



TURN OVER A NEW LEAF: CHASE THAT AUTUMN FOLIAGE ON FOOT

Here's a novel way to enjoy autumn in New England: While the trees are dropping their leaves, you can be shedding some pounds.

Activate the "Health" app on your iPhone (it's standard and has a simple red heart icon); don a light jacket; unleash your inner multitasker; and you're good to go. Powered by the same GPS technology your phone's map uses to give you directions, the app will tell you not only how many miles or kilometers you've covered but exactly how many steps you took.

If you're a fitness geek, Fitbit, Garmin and other trackers can give you more data than you can shake a poplar branch at, including how many calories you've burned. If you're a beginner looking to start a fitness routine, no sweat. Autumn is the perfect season to get outdoors: crisp and cool, with none of the strength-sapping humidity that can discourage even well-trained athletes.

Scenic trails abound across

the region, and they offer some of the most drop-dead-gorgeous places to view foliage off the beaten path while getting in your run or walk. Plus, these places are far less crowded in the fall and are at their most beautiful. Win-win. A guide to some of the more resplendent:

CONNECTICUT: Bull's Bridge River Walk, Kent Route: Don't go chasing waterfalls? Good luck with that if you find yourself hiking this stunning path, which overlaps part of the Appalachian Trail in the Litchfield Hills overlooking the Housatonic River. It's replete with views of cascading falls and gorges, and the covered bridge built in 1842 provides an iconic backdrop for foliage photography. You'll find the entrance to the scenic loop off Route 7 between the bridge and the first parking area. Fun fact: George Washington is said to have had a riding accident nearby in 1781.

Steps: 8,448

Distance: 4 miles moderate

MAINE: Jordan Pond Shore Trail, Cadillac Mountain, Acadia National Park

Route: Picture a narrow boardwalk hewn from logs, encircling a pinch-me-perfect pond mirroring birch, aspen and oak — all blazing with peak autumn glory. That's the trail around idyllic Jordan Pond, formed by glaciers in the shadow of Acadia National Park's Cadillac Mountain, not far from Bar Harbor and its playful puffins. Part of the trail is over graded gravel; about 4,000 feet of it follows bouncy log bridges. It's mostly flat and affords spectacular foliage-flecked views of the surrounding peaks. Après-hike, indulge in tea and popovers at the historic Jordan Pond House.

Steps: 6,970

Distance: 3.3 miles, easy

MASSACHUSETTS:

Cliff Pond Trail, Nickerson State Park, Brewster Route: One of Cape Cod's best-kept secrets isn't its

beaches — it's the peninsula's often-overlooked autumn vistas. The foliage itself isn't always five-star, but it's framed by shimmering saltwater ponds and marshes, fieldstone bridges, and acres of crimson cranberries awaiting harvest. You'll find all that and more on a leisurely hike around Cliff Pond, the largest of four ponds contained within Nickerson State Park. The end of Flax Pond Road inside the park is a good place to start. If you're feeling a little more ambitious, the 22-mile Cape Cod Rail Trail can carry you as far as the spirit moves you.

Steps: 6,336

Distance: 3 miles, easy

NEW HAMPSHIRE:

Boulder Loop Trail, Kancamagus Highway, Conway

Route: Honestly, you don't even have to leave your car to have a religious experience along the serpentine Kancamagus as it winds and twists through

the White Mountain National Forest, but you'll be glad you did. There are numerous pullouts for trail heads, but some are steep and rugged. One that's not is the Boulder Loop, on the east side of the highway just off Dugway Road. It'll take you to several rock ledges with leaf-peeping potential that will more than reward any extra huffing and puffing. The roughly circular loop passes numerous gigantic boulders, and an added attraction is the Albany covered bridge.

Steps: 7,392

Distance: 3.5 miles, moderate

RHODE ISLAND: Colt

State Park, Bristol Route: On one side, the salt and spray of Narragansett Bay; on the other, undulating footpaths, stone walls and some of the finest flora the Ocean State has to offer. All this is yours within Colt State Park, 464 acres open year-round on a windswept outcropping named Poppasquash

Neck in tribute to its Native American roots.

The East Bay bikeway connects Colt to other state parks stretching from East Providence to Barrington. Consider a side trip to nearby Blithewold Mansion, whose 33 acres of manicured gardens are well worth wandering.

Steps: 8,236

Distance: 3.9 miles, easy

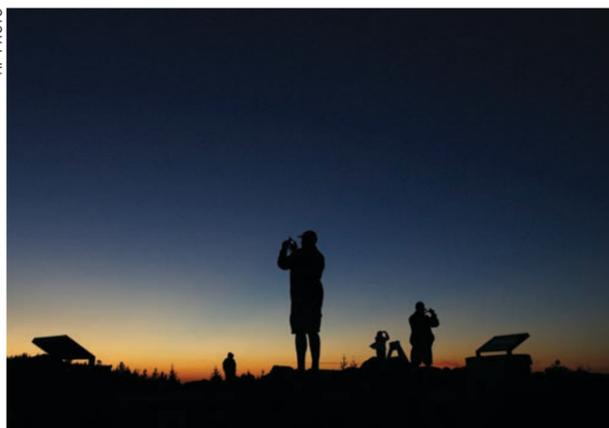
VERMONT: Island Line

Rail Trail, Burlington Route: This just might be the hippest, most happening hike in New England. Once known as the Burlington Bikeway, the Island Line Rail Trail skirts the waterfront of Burlington, a vibrant and trendy college town.

A promenade here provides sensational views of Lake Champlain and New York's Adirondack Mountains. The trail runs 14 miles from Burlington to Colchester; it starts at Oakledge Park on Flynn Street, and a good place to turn around is 2.1 miles later at the Union Station trailhead on King Street.

Steps: 8,870

Distance: 4.2 miles, easy



WHAT'S ON



TODAY (SEPT 8)

MACAU GUIA CIRCUIT FOR UNESCO HERITAGE SITE - 1ST ANNIVERSARY OF THE MGCPDA JOINT EXHIBITION

"Macau Guia Circuit for UNESCO Heritage Site" is the topic of a Joint Exhibition organized by the Macau Guia Circuit Promotion and Development Association (APDCGM) that comprises over twenty participants from Macau's various artistic manifestations. The works presented use different media such as photography, painting, video, ceramic, sculpture, jewelry and installation etc.

TIME: 9am-6pm
 UNTIL: September 14, 2017
 VENUE: Ritz Gallery, Largo do Senado
 ADMISSION: Free
 ENQUIRIES: (853) 8397 1116
www.facebook.com/APDCGM



TOMORROW (SEPT 9)

CONSTELLATION - WORKS BY NICOLAS DELAROCHE

This exhibition features three series of works by Nicolas Delaroche. 'First Seen', displayed in the centre of Tap Seac Gallery, invites visitors to explore images through telescopes, encouraging each visitor to re-enact the artist's creative process. 'The Rock' is a massive inflated installation made of white fabric, which recreates the desert landscape of the animated movie Road Runner, while 'The Adventures of the Coyote in China' is a blueprint of the coyote from the same movie.

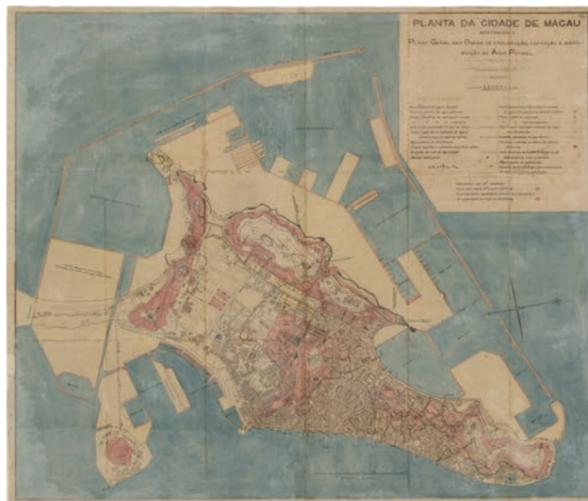
TIME: 10am-9pm (Open on public holidays)
 UNTIL: October 8, 2017
 VENUE: Tap Seac Gallery, No.95, Av. do Conselheiro Ferreira de Almeida
 ADMISSION: Free
 ENQUIRIES: (853) 8988 4000
 ORGANIZER: Cultural Affairs Bureau
www.icm.gov.mo



SUNDAY (SEPT 10)
MONKEY KING

The Monkey King – China Show's Macau production is based on the original version and brings together all the Chinese elements of myths, fairy tales, drama, comedy, slapstick, magic and other features. The acting scenes encompass the Monkey King in the human world and as a devil, all set against stunning backdrops switching between the celestial, a Buddhist community and moving from heaven, the top mountain to under the sea. The creative team has used these elements to create a rich and multilayered narrative through time and space, presenting audiences with a dynamic contemporary interpretation of traditional Chinese culture while at the same time providing stage performance art with infinite possibilities.

TIME: 4pm & 8pm (Closed on Thursdays)
 VENUE: Sands Cotai Theatre
 ADMISSION: MOP420, MOP480, MOP680, MOP880, MOP1080
 COTAI TICKETING: (853) 2882 8818
www.cotaiticketing.com
 Kong Seng Ticketing: (853) 2855 5555
www.macauticket.com



MACAU ILLUSTRATED - EXHIBITION OF CITY PLANS AND ARCHITECTURAL DRAWINGS FROM THE MACAU ARCHIVES' COLLECTION

This exhibition showcases a selection of some 60 city plans and architectural drawings kept in the Macau Archives, organized by category to enable visitors to trace the history of Macau's evolution and gain a concrete understanding of the city's development and changes from the late 19th Century to the middle of the 20th Century.

TIME: 10am-6pm (Closed on Mondays and public holidays)
 UNTIL: December 3, 2017
 VENUE: Macau Archives, No.91-93, Av. do Conselheiro Ferreira de Almeida
 ADMISSION: Free
 ENQUIRIES: (853) 2859 2919
 ORGANIZER: Macau Archives
www.archives.gov.mo



MONDAY (SEPT 11)

SMALL CITY STORIES: MEMORIES AND ANECDOTES FROM THE THREE LAMPS

Together with the project creative types, through communication, research and interviews with the residents in different approaches, on different subjects and topics of their interest, we aim to sort out and compile personal stories related to the Three Lamps District residents and its neighbourhood, which will be presented through different artistic angles, on a variety of media.

TIME: 12pm-9pm
 UNTIL: September 27, 2017
 ADMISSION: Free
 VENUE: Ox Warehouse, intersection of Av. Coronel Mesquita and Av. do Almirante Lacerda
 ENQUIRIES: (853) 2853 0026
 ORGANIZER: Ox Warehouse
oxwarehouse.blogspot.com



TUESDAY (SEPT 12)

WHATEVER YOU MAKE, MAKE IT YOURS - 14TH ANNIVERSARY EXHIBITION

Whatever You Make, Make It Yours attempts to arouse the passion of local artists encouraging them to showcase their true self with the art works. 25 creative members will show how the world is in their eyes by exhibiting the productions. They are: Aida Carreira, Alan Leon, Arlinda Frota, Armelle de L., Carol Kwok, Denis Murrell, Duarte Esmeriz, DWG, Francisco Ricarte, Gigi Lee, Gonçalo Saldanha, Ho Si Man, Hugo Teixeira, Lai Sio Kit, Lan Chiang, Laura Che, Lúcia Lemos, Marina Carvalho, Mavin Zin, Mel Cheong, Rusty Fox, Season Lao, Silvia Mendes Sales, Tang Kuok Hou, Tzeng Yi Hsin.

TIME: 2pm-7pm
 UNTIL: September 23, 2017
 VENUE: Creative Macau (G/F Macau Cultural Centre Building)
 ADMISSION: Free
 ORGANIZER: Creative Macau
 ENQUIRIES: (853) 2875 3282
www.creativemacau.org.mo



WEDNESDAY (SEPT 13)
THE BEGINNER'S MIND - AFA FOUNDER EXHIBITION

The exhibition is curated upon the theme of "Beginners' Mind". The term comes from a Buddhist classic text of the Avatamsaka Sutra: "The very beginning mind itself is the most accomplished mind of true enlightenment". It is oftentimes the best mind but the most difficult mind to attain. As participating artists have witnessed the growth of AFA throughout the past 10 years, the exhibition seeks to revisit the original intention when AFA was founded. In reflection AFA is ready to carry on its mission and step into a new page.

TIME: 11am-7pm (Closed on Mondays and mandatory holidays)
UNTIL: September 27, 2017
VENUE: 4st Floor, Macau Art Garden, No. 265, Av. Dr. Rodrigo Rodrigues
ADMISSION: Free
ORGANIZER: Art For All Society
ENQUIRIES: (853) 2836 6064
www.afamacau.com



THURSDAY (SEPT 14)
OX WAREHOUSE CHILDREN'S ARTLAND 2017

This year, returning to a more pure form, the Ox Warehouse Children's Artland – without defining any theme and format – evolves naturally from the 2016 edition, building upon Ox Warehouse's 15-year experience in organizing this event and following the flow of the moment. In the 2017 edition, we focus more on an orientation of 'children lead, tutor guides', trying to encourage the little ones to explore their own talent and promoting their creativity. The final result is this cross-media visual exhibition encompassing shadow puppetry, display of picture books and also spaces for specific activities, where visitors can see experimental, fanciful works accessible to viewers of any age, or background.

TIME: 12pm-7pm (Closed on Tuesdays and mandatory holidays)
UNTIL: September 27, 2017
VENUE: Intersection of Av. do Coronel Mesquita and Av. do Almirante Lacerda
ADMISSION: Free
ENQUIRIES: (853) 2853 0026
ORGANIZER: Ox Warehouse, Cultural Affairs Bureau
oxwarehouse.blogspot.com

Sands WEEKEND



A SHOPPING EXTRAVAGANZA TO MARK THE VENETIAN MACAO'S 10TH ANNIVERSARY

Celebrate Shoppes at Venetian's 10th Anniversary by simply spending at Shoppes at Venetian, Shoppes at Four Seasons, Shoppes at Cotai Central and Shoppes at Parisian to earn up to MOP2,000 worth of Shopping and Dining Vouchers that can be used in over 450 participating outlets, as well as luxurious hotel stays at The Venetian® Macao. Share this unforgettable moment with us! Shoppers must present two valid receipts issued by different merchants on the same day as redemption (a maximum of one receipt from dining outlets will be accepted) with a minimum spending amount of MOP200 upon each receipt for redemption purpose.

Redemption Period: 23 August – 17 September Monday to Sunday: 10am to 11pm
Redemption Locations: Information counters located throughout Sands Shoppes



MONKEY KING - CHINA SHOW

8pm, Daily (Except Thursday)
Sands Cotai Theatre, Sands Cotai Central

Monkey King is a spectacular stage show based on the famous Ming Dynasty novel "Journey to the West", considered one of the four great novels of Chinese literature. The Monkey King breaks new ground in interpreting this classic tale to appeal to a modern audience, featuring dance, skilful acrobatics, drama, martial arts, magic and other great Chinese elements.

Free Ticket for the Child, Fun for the Whole Family!
Valid until 31 December 2017

- Look out for our special vouchers offering MOP100 discounts on ticket prices.
- Buy 1 adult ticket and get 1 child under 12 free.

Tickets: From MOP420, call reservations +853 2882 8818
cotaiticketing.com



GOURMET GOAN CUISINE

Until 30 September
The Golden Peacock, Shop 1037, The Venetian Macao, Level 1 (near Cotai Arena)

The Golden Peacock has designed a special menu devoted to the Indian regional cuisine of Goa, which as a former Portuguese territory shares many parallels with Macao, especially in its intriguing blending of eastern and western influences. Diners at this Michelin-starred restaurant can expect an emphasis on seafood, along with coconut, chili peppers, rich spices and vinegar, which gives the food its unique flavour. A la carte menu is available for dinner starting at MOP88.

Reservations: +853 8118 9696 or goldenpeacock.reservation@sands.com.mo



THE PARISIAN SPA DAY-CATION

Available until 31 October 2017

Immerse yourself in The Parisian Macao's luxurious surroundings and combine heavenly massage, blissful relaxation with a revitalizing swim in a single pleasurable package, which includes:

- A 60-minute massage of your choice at Le SPA'tique
- Unlimited day use of the SPA Vitality Lounge (includes Sauna / Steam / Vitality Pool / Experience Shower)
- Unlimited day use of the Health Club and The Parisian pool
- MOP150 dining coupon for use in The Parisian Pool Bar
- 6 hours free parking

Monday – Friday: MOP 988 per person / Saturday – Sunday: MOP 1150 per person

*Prices are subject to 5% government tax. Terms and Conditions apply.



澳門金沙度假區

Sands
RESORTS MACAO



World of Wonder

EXPLORING THE REALMS OF HISTORY, SCIENCE, NATURE AND TECHNOLOGY

GOLD

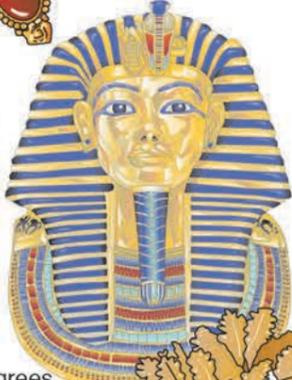
By Laurie Triefeldt

Modern bullion coins for investment or collecting purposes are typically fine gold at 24k, although the American Gold Eagle and the British gold sovereign are minted in 22k metal.



Gold is the easiest of metals to work with and was one of the first to be discovered. People have been making gold jewelry since before recorded history.

The Death Mask of Tutankhamen is made of gold inlaid with colored glass and semiprecious stones. The coffin of Egypt's King Tutankhamen was created with about 2,242 pounds of solid gold.



Treasured for its beauty and rarity, gold has a long and complex history. This soft, shiny metal has empowered and destroyed nations.

Gold mines produce gold commercially on every continent except Antarctica. Due to its high value, most gold discovered throughout history is still in circulation. It is estimated that 80 percent of the world's gold is still in the ground.

Just the facts

Gold melts at 1,947 degrees Fahrenheit (1,064 C). It can conduct both heat and electricity. The chemical symbol for gold is AU.

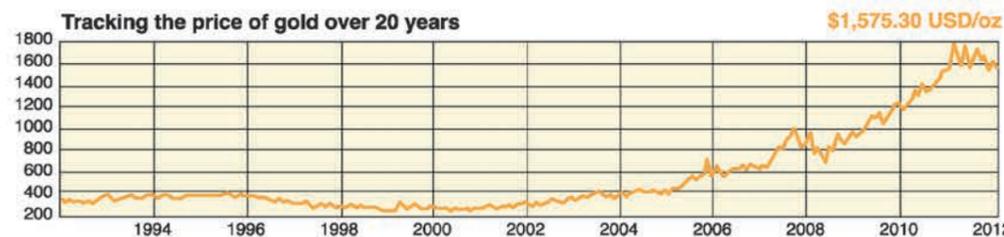
Jewelry

Due to the softness of pure (24k) gold, it is usually mixed with base metals for use in jewelry, altering its hardness, melting point and color. Alloys with lower karat weight (22k, 18k, 14k or 10k) contain higher percentages of copper or other base metals. Copper is the most commonly used base metal and yields a redder color.

About 50 percent of gold produced today is used in jewelry, 40 percent in investments and 10 percent in industry.

Investing

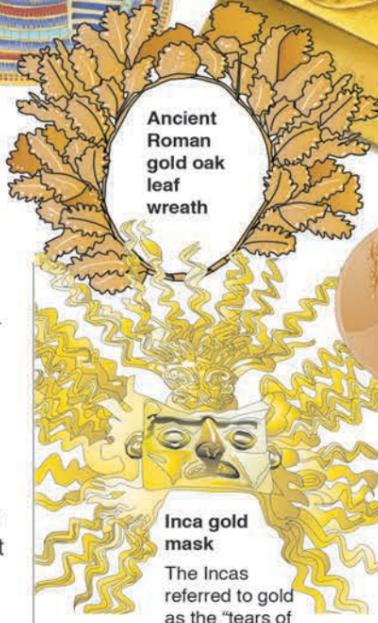
Many people invest in gold in the form of bullion coins or bars as protection against inflation or other economic disruptions. The value of gold has increased 120 percent over the last three years.



Historic events

Gold and copper were the first metals to be discovered by humans (around 5000 B.C.).

<p>4600 B.C.: Mesopotamians craft gold into jewelry.</p> <p>2600 B.C.: Egyptian hieroglyphics describe gold, and Egypt begins to mine gold in the Nubia region.</p> <p>1091 B.C.: China legalizes small squares of gold as a form of money.</p> <p>560 B.C.: Gold coins are minted in Lydia (in modern-day Turkey).</p>	<p>334 B.C.: Alexander the Great captures the gold of the Persian Empire (about \$980 million today).</p> <p>58 B.C.: Emperor Julius Caesar brings enough gold home from Gaul (present-day France) to pay all of Rome's debts (and his soldiers).</p> <p>150: Romans find new ways to extract gold.</p> <p>309: Constantine replaces the Aureus gold coin with the Solidus.</p>	<p>788: Charlemagne uses gold taken from fallen nations to conquer most of Western Europe.</p> <p>1284: Venice introduces the gold ducat, the most popular gold coin in the world for five centuries.</p> <p>1492: Columbus discovers the new world, leading to the Spanish Conquest.</p>	<p>1510: Inca gold from Colombia and Peru is sent to Spain.</p> <p>1694: The Bank of England, the first central bank to have gold reserves, is established.</p> <p>1695: Brazil Gold Rush starts.</p>	<p>1717: Sir Isaac Newton and the Royal Commission fix the price of gold, putting Britain on a gold standard until 1931.</p> <p>1792: The Coinage Act places the U.S. on a silver-gold standard.</p> <p>1848: California Gold Rush begins.</p> <p>1851: Victoria, Australia, Gold Rush begins.</p> <p>1897: Klondike Gold Rush begins in Canada's Yukon Territory.</p>	<p>1933: President Roosevelt bans the export of gold.</p> <p>1947: First transistor using gold is built.</p> <p>2000: Giant gold-coated mirrors are used in twin telescopes.</p> <p>2007: China overtakes Africa as the largest gold producer.</p> <p>2009: Central banks return to buying gold.</p>
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Ancient Roman gold oak leaf wreath

Inca gold mask
The Incas referred to gold as the "tears of the sun."

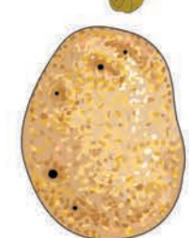


The Olympic gold medals awarded in 1912 were made entirely from gold. Currently, the gold medals must be covered in 6 grams of gold.

A natural gold nugget is considered a gemstone and can be worth three to four times the value of the gold it contains.



This Yukon nugget from Canada has been worn smooth by river water.



Pyrite (also called fool's gold) is not a metal at all — it is a mineral.



Did you know?

- Gold is said to be so rare that the world pours more steel in an hour than it has poured in gold since time began.
- It is estimated that about 171,300 tons of gold have been mined in human history. This is roughly equivalent to 5.5 billion troy ounces, all of which would fit into a crate of 65 feet cubed.
- Seventy-five percent of all gold in circulation has been extracted since 1910.
- A 1-ounce gold nugget is more rare than a 5-carat diamond.
- Gold is edible. Some Asian countries put gold in fruit, jelly snacks, coffee and tea. Since at least the 1500s, Europeans have been putting gold leaf in bottles of liquor.
- Gold can be hammered so thin that sunlight can shine through it.
- A single ounce of gold can be drawn into a wire 60 miles long.
- In 1933, the United States government banned private ownership of gold. Owning gold (except for jewelers, dentists, electricians and other industry workers) was punishable by a fine up to \$10,000 and/or 10 years in prison. The ban was lifted in 1974.
- The largest gold mine in the U.S. is the Homestake Mining Co. in Lead, S.D.
- Gold is not affected by air, heat, moisture or ordinary solvents. It does not rust.
- Most cellphones, computers, calculators, televisions and many other electronic items contain gold.
- Gold is one of the most recycled materials in the world.
- The U.S. 1933 Double Eagle, one of the world's rarest gold coins, sold at Sotheby's auction house in New York in 2002 for \$7.59 million.
- The most popular gold bullion coin is the U.S. Gold Eagle.
- During the Gold Rush periods of 1850 to 1875, more gold was discovered and mined than in the previous 350 years. The California Gold Rush of the 1800s produced 125 million troy ounces of gold. This gold would be worth more than \$50 billion in today's market.
- Fort Knox in Kentucky holds 4,600 tons of gold, and the U.S. Federal Reserve holds 6,200 tons.
- The largest gold coin ever minted, a 2012 Australian \$1 million Kangaroo, is 31 inches (80 cm) in diameter.

SOURCES: World Book Encyclopedia, World Book Inc.; www.onlygold.com; World Gold Council; www.usfunds.com; www.goldfacts.org

At a bookstore near you: Two full-color World of Wonder compilations: "Plants & Animals" and "People & Places." For more information, please visit QuillDriverBooks.com.