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times
Extra weekend Guide

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TASHA & JENNIFER

Jennifer Appel and Tasha Fuiava put to sea in a 50-foot sailboat and went adrift. The two women survived the story. But their tales are full of inconsistencies.



DRIVE IN

Jake Coyle, AP Film Writer

IN PALME D'OR WINNER 'THE SQUARE,' A CHARMING SATIRE

Swedish filmmaker Ruben Ostlund's last film, "Force Majeure," began with the rumble of an alpine avalanche and the wallop of a shattered self-image. When a swelling white tide appears headed straight for an outdoor cafe, a panicked father flees with his iPhone, but not his children or wife. Their respect for him is undone in a cloud of snow.

In Ostlund's follow-up, the Palme d'Or-winning "The Square," an upper-class, highly placed man is again humbled by a latent cowardice, but one that reveals itself in more subtle and daily acts of fraudulence.

Claes Bang stars as Christian, the handsome and suave chief curator of a Stockholm contemporary art museum. In the early scenes, we see him trying to explain a pompous museum description to an American journalist (Elisabeth Moss) and rehearsing remarks for a museum event that he will later pretend are off-the-cuff. He's a smooth operator with the practiced air of privilege.

That the high-minded contemporary art world would have something a touch fake about it is far from a new idea. But Ostlund, in his fifth feature, has more expansive satire in mind. The title of "The Square" refers to an exhibit the museum is preparing in a city courtyard in which a square is laid into the

cobblestone street. "The Square is a sanctuary of trust and caring," reads the description. "Within its boundaries, we all share equal rights and obligations."

Outside of the square, not so much. Throughout the film, Christian and others who espouse such enlightened ideals of community are seen failing to live up to them — and often not even trying to. "The Square" is a consistently clever odyssey of modern-day hypocrisy that rambles and hiccups but seldom lacks Ostlund's charming but clinical satirical touch. It's as entertaining as it is damning.

The central thread of the film begins with Christian's phone, wallet and even cuff links being stolen in a sidewalk setup where a woman feigns to need help from her attacking boyfriend. Christian and another bystander rush to her aid, but while basking in his good deed, he realizes he's been fleeced. Christian and a younger museum employee (Christopher Laesso) are able to track the phone to a low-income housing project where, in a lark that turns grave, Christian — unsure of which tenant to approach — disperses print-outs demanding the return of his things to every apartment.

The scheme has unwitting fallout for one furious litt-

le boy (Elijandro Edouard). Meanwhile, Christian spends an awkward night with the journalist, Anne, that includes both an unexplained chimpanzee walking around her apartment and a tense post-coital debate when Anne offers to discard the used prophylactic, rousing Christian's suspicions. He later comes under fire for an ill-conceived marketing campaign for "The Square" that threatens his high perch.

"The Square" is populated by reminders of our more primitive impulses. In one terrific scene, a man with Tourette syndrome interrupts a well-attended conversation with a highfalutin conceptual artist (Dominic West). In the film's centerpiece, a muscular performance artist posing as a gorilla (Terry Notary of "The Planet of the Apes") runs amok at a fancy fundraising dinner. He stalks the well-dressed attendees until an air of real fear sets in. Only after the performer has thoroughly harassed one woman does anyone dare to protest; once a single man stands up, dozens follow. Compassion runs in herds.

There's less balance to "The Square" than there was to "Force Majeure." Its tight early scenes (one favorite: a sea of commuters breezing past the entreaty to "save a life today" with answers like "not right



Terry Notary (center) in a scene from "The Square"

now") give way to increasingly overwrought set pieces (like the dinner scene) that are eye-catching but implausible and, besides, lose the narrative. I'd also quibble with the very late entry of Christian's children who turn up in the film's final third to observe, impressionably, their father in his downfall. But "The Square," where the

enlightened and well-heeled are always gliding past beggars, remains a potent satire. The key, I think, is the exceptional Bang, a tall and dapper Danish actor who could legitimately play James Bond. He plays Christian with just the right cocktail of vulnerability and arrogance. That he's so easy to see through makes

him, in a funny way, almost loveable.

"The Square," a Magnolia Pictures release, is rated R by the Motion Picture Association of America for "language, some strong sexual content and brief violence."

Running time: 145 minutes. In Swedish and English with English subtitles. ★★★★★

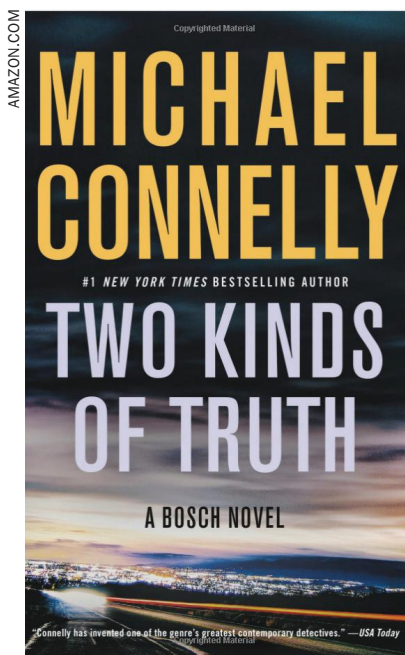
BOOK IT

'TWO KINDS OF TRUTH' IS ENGAGING, WELL-WRITTEN STORY

Harry Bosch lands a current case with his new department while also facing a possible wrongful conviction from his past in "Two Kinds of Truth," Michael Connelly's latest page turner. Connelly tells two compelling stories that individually would make a terrific read but together make an instant classic.

Bosch works cold cases for the San Fernando Police Department, and when two pharmacists are brutally murdered, his boss asks him to take the lead on the case. He tries not to step on any toes with his colleagues, who are younger and eager to prove themselves to be great detectives and officers. When the evidence points to organized crime and drugs, Bosch has to make a decision that could easily cost him his life.

And if this case weren't enough, his time working for the Los Angeles Police Department comes back to haunt Bosch. He helped put away a killer almost 30 years ago and never doubted his guilt for a second. Now newly available DNA evidence links the case to another suspect. To make things worse, the convicted felon has hired a shark of a lawyer to exonerate him — and destroy Bosch and his reputation



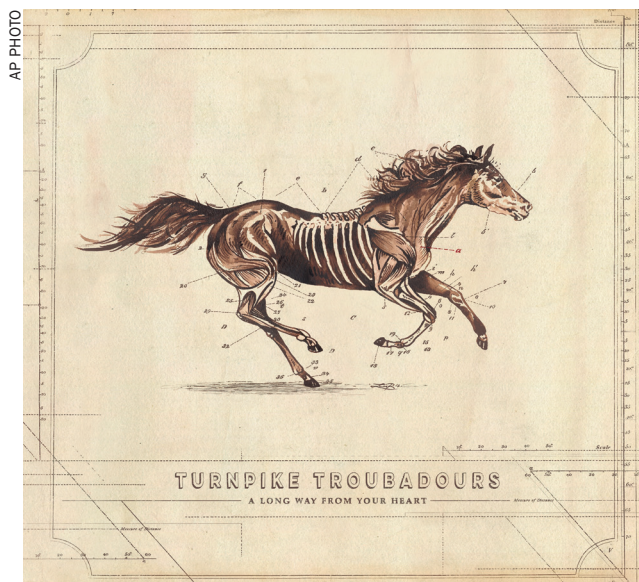
"Two Kinds of Truth" (Little, Brown) by Michael Connelly

in the process. Fans of Connelly know this is a well-written and engaging story from a master of the genre.

Jeff Ayers, AP

TTUNES

TURNPIKE TROUBADOURS BACK WITH ROAD-HONED POLISH



Turnpike Troubadours, "A Long Way from Your Heart" (Bossier City/Thirty Tigers)

The sound of the road permeates the latest release from The Turnpike Troubadours, a hard-charging six-piece band out of Oklahoma that's been honing its earthy sound for four albums now — and would displace some of the schlock at the top of the country charts in a world with a little more justice.

On their latest release, "A Long Way from Your Heart," the band follows singer-songwriter Evan Felker into the space between country and rock with well-crafted tunes that, while they might not break into new and original regions of the stratosphere, do hurtle forward on the wings of muscular playing.

The Troubadours have honed their craft in the honky-tonks of Oklahoma and Texas for years now and it shows. The playing is tight, the songs conversational and engaging. It feels like having a beer with a friend who can't settle down but tells stories that are warm, personal and funny.

Consider "The Housefire," a narrative about waking up in a burning house that sounds like it really happened. It's not deep, just vivid, and like much of the band's work, honest and straightforward.

The same holds true on the album's best song, "The Hard Way," which matches vaguely confessional lyrics with the band's natural forward propulsion.

"Now I'm headed out with the same unrest," Felker sings with urgency. "Tried to tear it down but it was unimpressed."

Restless? Absolutely. But headed somewhere great? Don't bet against it.

Scott Stroud, AP

NEWS OF THE WORLD

Caleb Jones, AP, Honolulu

Women rescued by Navy defend their account of ordeal at sea

Two women from Hawaii who were rescued after being lost at sea defended their account of the ordeal, insisting that a storm was whipping up 30-foot waves and near hurricane-force winds on the night they set sail, despite records that show no severe weather in the area at the time.

The Coast Guard is reviewing records from the days after Jennifer Appel and Tasha Fuiava put to sea in a 50-foot sailboat, but NASA satellite images for the days around their departure show no organized storms in the region where they planned to travel.

There was a tropical cyclone, but it was near Fiji, thousands of miles west of Hawaii. Localized squalls are known to pop up, but a storm lasting three days would have been visible on satellite and would have elicited mass warnings to the public to brace for the weather.

"We got into a Force 11 storm, and it lasted for two nights and three days," Appel said Tuesday.

Coast Guard officials told The Associated Press on Monday that the two women had an emergency beacon but never turned it on because they did not fear for their lives. If they had, rescue would have been headed their way in a matter of minutes.

The woman "stated they never felt like they were truly in distress, like in a 24-hour period they were going to die," Coast Guard spokeswoman Petty Officer 2nd Class Tara Molle said Monday.

The women said Tuesday that they did not use the beacon because they never felt they were in immediate danger, yet they have been quoted as saying they did not think they would survive another day, and that they were fearful during a dramatic tiger shark attack that lasted for six hours. Furthermore, the pair said they had been flagging vessels and sending distress signals for at least 98 days. "We knew we weren't going to make it," Appel said. "So that's when we started making distress calls."

The Coast Guard outlined other inconsistencies, most notably on the timing of events.

Appel's mother, Joyce, told the AP that she called the Coast Guard to report her daughter missing a week and a half after they departed for what they believed would be an 18-day trip to Tahiti.

However, the Coast Guard never got

AP PHOTO



Jennifer Appel (right) and Tasha Fuiava sit with their dog

a call from the elder Appel. They received a call from a "family friend" they identified as a male on May 19, still several days before the women expected to arrive.

The women said they filed a float plan listing their course and other details with some friends and relatives. However, in an interview with the Coast Guard, the women said they had filed no float plan.

They also defended their claims that their boat would not fit into harbors on some Hawaiian islands, places where much larger vessels come and go regularly.

Their description of 20- to 30-foot tiger sharks ramming their boat in a coordinated attack for more than six hours could simply be misperception, but scientists who study sharks say that behavior has never been recorded and that tiger sharks grow to

only about 17 feet in length.

University of Hawaii professor and veteran shark researcher Kim Holland has never heard of any kind of shark repeatedly attacking a boat hull throughout a night. He also said tiger sharks never jump out of the water and do not make coordinated attacks.

Sometimes sharks will congregate around a food source like a whale carcass, but Holland said that was unlikely in this case "if there's nothing there to attract the animals. I mean this is just an inert boat hull."

As time goes on, new details emerge in the women's account, and other details change. They have now reported making contact with someone at Wake Island but previously said no one responded to their calls for help. Their account of receiving a tow from a Taiwanese fishing vessel changed

as well. They originally said the crew was kind, but later said they were worried for their safety and thought that the crew might be making an attempt to harm them.

They added that the fishing boat had backed into their sailboat, causing significant damage.

"I also believe that they knew they were damaging the boat. And if we couldn't get additional help, that boat would sink, and they would get [...] two girls to do whatever they wanted to," Appel said.

The captain of the fishing vessel, the Fong Chun No. 66, who identified himself as Mr. Chen in a satellite phone call from the AP, said his boat received a mayday radio call but did not understand it. They then saw someone waving a white object on a boat about a nautical mile away.

When they approached, the women asked to use the satellite phone on the fishing vessel and for a tow to Midway Island. The larger vessel towed the smaller sailboat overnight. In the morning, the women wanted to stop the towing and called for a naval vessel.

"We offered to get them on board the fishing boat and asked whether they needed water or food, but they refused," the captain said.

The fishermen left after the arrival of the U.S.S. Ashland.

Hawaii sailing experts say the trip itself was a bad idea.

Mike Michelwait, owner of the Honolulu Sailing Company, a sailing school and charter company, has sailed the route from Hawaii to Tahiti several times. He said the trip would normally take about 17 days with sailors who could stay on course.

But, Michelwait said, he would not take such a trip with any less than three experienced sailors.

"There's only two of them on board, and it's a 50-foot boat," he said. "That's a lot of boat to handle."

At some point, Appel joined the Hawai'i Actors Network, noting on the group's website that she has "been known to do almost any sky-diving or motorcycle stunt — camera optional." Through the group, she found work as an extra in the former TV series "Off the Map" and the former sitcom "Cougar Town," appearing in that show in a pink bikini in the background of a season finale.

A call to the actors' network was not returned.

AP PHOTO



Sailors from the USS Ashland approach a sailboat with two Honolulu women and their dogs aboard as they are rescued after being lost at sea for several months while trying to sail from Hawaii to Tahiti



WORLD OF BACCHUS

David Rouault

Vine & Wine



DOMAINE DIGOIA-ROYER, CHAMBOLLE-MUSIGNY VIEILLES VIGNES "LES FREMIÈRES" 2013

DOMAINE SIGAUT, CHAMBOLLE-MUSIGNY PREMIER CRU "LES FUÉES" 2014

The two wines have few similarities: deep ruby colour with a tawny rim (despite a rather young age) and good to drink now. Both medium-light bodied, very well balanced, very elegant and feminine indeed, with typical nose and flavours of wild strawberry and raspberry, mellow tannins, fresh acidity and long finish.

The first wine "Les Fremières" develops to plum, blackberry, charcoal and fresh-cut white mushroom on the nose. Simple and very agreeable on the palate, it is an easy drinking wine yet without being boring.

The Premier Cru shows more nobility with a bouquet recalling an impression of old study: mix of old books, noble woods and patinated leather scents; very complex nose with undergrowth, liquorice, grey pepper, ripe yellow apple... All of this reflecting in the taste as well as dark chocolate, grilled nuts and dried fruits. Two classics and very good representation of the Bourgogne region.

The biggest catastrophe that the wine world has had to face was the infection of a tiny bug called phylloxera, originally from northwest America, which nearly wiped out all the vineyards in Europe in the 1860s. The start of this invasion was traced to a garden in Marseille where an individual had planted some vines brought back with him. Until now the best known solution to counter this tiny bug(ger) is to graft American rootstock - which is phylloxera resistant - to the vitis vinifera (European vine). Chile is the only country in the world being phylloxera free, along with some pockets of vineyards in the world who resisted, sometimes for inexplicable reasons. This is occasionally a selling point as supposedly a non-grafted vine will give a wine of more authenticity, though this is not really proven. Several things will affect a vine, influencing the quality of the grapes and ultimately the quality of the wine.

In addition to the pruning and canopy management which can vary from one grape, one region, or one winemaker to another, a very important part is the influence of the terroir (combination of soil, climate, topography and tradition).

Here we could compare a vine to the cliché idea we might have of an artist. Like a tortured composer or painter, the more a vine suffers the better the quality. Vines don't do well in too-fertile soil. If the vine struggle the roots will go deeper and it will grow more refine fruits.

Like an artist again, the less a vine produces the better. Here the pruning comes into play: the winemaker will decide how many canes or buds to leave on the vine to limit production, increasing concentration in

the fruit. And finally as he/it ages, production slows and is supposedly of higher quality. True or not this is also used as a selling point, as the term "Old Vines" or "Vieilles Vignes" is often specified on the label. Bourgogne (or Burgundy until 2014) is most definitely the wine region in the world where terroir endues all of its importance. So much in fact that since 2015, the different terroir or "climat" - as it is called in Bourgogne - is listed as World Heritage. All situated in the Côte d'Or where it contains most of the highest priced wines in the world.

Pinot Noir is king there and the Bourguignons consider it mostly as a vehicle to express the terroir.

Delicate grape and terroir combine with an often difficult climate make the winemaker of the upmost importance. Add to this a relatively small production (Bourgogne produces only a quarter as much as the Bordeaux region), high demand, and the fact that a red Bourgogne often needs 10 years to start "speaking", explains that it never comes cheap and you don't find a good one behind every tree. To illustrate this article I selected two wines under the Chambolle-Musigny appellation. Both of them situated no more than one kilometre apart, from two different winemakers and at a relatively reasonable price. Chambolle-Musigny has the reputation of making the most elegant and feminine red wines of Bourgogne.

Both young vintages and Bourgogne needing to be treated like a characterial diva, I opened the wines two hours before serving and without decanting, to allow a very gentle breathing.

Wines available at www.wine118.com.

David Rouault is a professional classical musician, part time wine consultant and full time wine lover, holding WSET Level 3, Certified Specialist of Wine and Introductory Sommelier diplomas. www.dionysos.com.mo

RESTAURANTS

CANTONESE



GRAND IMPERIAL COURT
5pm - 12midnight
T: 8802 2539
Level 2, MGM MACAU



IMPERIAL COURT
Monday - Friday
11am - 3pm / 6pm - 11pm
Saturday, Sunday & Public Holidays
10am - 3pm / 3pm - 11pm
T: 8802 2361
VIP Hotel Lobby, MGM MACAU

BEIJING KITCHEN
Level 1, Grand Hyatt Macau
Opening Hours
11:30am - 24:00



KAM LAI HEEN
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3821
11:00 - 15:00 / 18:00 - 22:00
(Close on Tuesday)

SHANGHAI MIN
Level 1, The Shops at The Boulevard
Opening Hours
11:00 - 15:00; 18:00 - 22:30

SHANGHAI

CATALPA GARDEN
Mon - Sunday
11:00 - 15:00 / 17:30 - 23:00
Hotel Royal, 2-4
Estrada da Vitoria
T: 28552222

FRENCH

寶雅座
AUX BEAUX ARTS

AUX BEAUX ARTS
Monday - Friday
6pm - 12midnight
Saturday - Sunday
11am - 12midnight
T: 8802 2319
Grande Praça, MGM MACAU

巴黎人
— BRASSERIE —
法式餐厅

BRASSERIE
Level 3, The Parisian Macao
Monday - Sunday:
11:00am - 11:00pm
Tel: +853 8111 9200

GLOBAL

CAFÉ BELA VISTA
Grand Lapa, Macau
T: 87933871
Mon - Thurs
06:30 - 15:00 / 6:00 - 22:00
Fri - Sunday
06:30 - 22:00

MEZZA9 MACAU
Level 3, Grand Hyatt Macau
Opening Hours
Dinner: 5:30 - 11:00



VIDA RICA (RESTAURANT)
2/F, Avenida Dr Sun Yat Sen, NAPE
T: 8805 8918
Mon - Sunday
6:30 - 14:30 / 18:00 - 23:00



MORTON'S OF CHICAGO
The Venetian(r) Macao-Resort-Hotel
Taipa, Macau
T:853 8117 5000
mortons.com
• Bar
Open daily at 3pm
• Dining Room
Monday - Saturday: 13:00 - 23:00
Sunday: 17:00 - 22:00

ABA BAR

ABA BAR
5pm - 12midnight
T: 8802 2319
Grande Praça, MGM MACAU

COPA STEAKHOUSE
3/F, Sands Macao Hotel
OPENING HOURS:
Cocktails: 4:30 pm - 12:00 am
Dinner: 5:30 pm - 11:00 pm
Tel: +853 8983 8222



PASTRY BAR
10am - 8pm
T: 8802 2324
Level 1, MGM MACAU



Rossio
7am - 11pm
T: 8802 2372
Grande Praça, MGM MACAU



SQUARE EIGHT
24 hours
T: 8802 2389
Level 1, MGM MACAU

ITALIAN

LA GONDOLA
Mon - Sunday
11:00am - 11:00pm
Praia de Cheoc Van, Coloane,
next to swimming pool
T: 2888 0156



PORTOFINO
Casino Level1, Shop 1039,
The Venetian Macao
TEL: +853 8118 9950



AFRIKANA
Sun to Thu: 04:00pm - 01:00am,
Fri, Sat and Eves of Public Holidays:
06:00pm - 03:00am
Location : AfriKana, Macau Fisherman's
Wharf
Telephone Number : (853) 8299 3678

JAPANESE

SHINJI BY KANESAKA
Level 1, Crown Towers
Lunch 12:00 - 15:00
Dinner 18:00 - 23:00
Closed on
Tuesday (Lunch and Dinner)
Wednesday (Lunch)

ASIAN PACIFIC



GOLDEN PEACOCK
Casino Level1, Shop 1037,
The Venetian Macao
TEL: +853 8118 9696
Monday - Sunday:
11:00 - 23:00

PORTUGUESE

CLUBE MILITAR
975 Avenida da Praia Grande
T: 2871 4000
12:30 - 15:00 / 19:00 - 23:00

FERNANDO'S
9 Praia de Hac Sa, Coloane
T: 2888 2264
12:00 - 21:30

THAI



NAAM
Grand Lapa, Macau
956-1110 Avenida da Amizade, The Resort
T: 8793 4818
12:00 - 14:30 / 18:30 - 22:30
(Close on Mondays)

BARS & PUBS



38 LOUNGE
Altrira Macau,
Avenida de Kwong Tung, 38/F Taipa
Sun-Thu: 13:00 - 02:00
Fri, Sat and Eve of public holiday:
15:00 - 03:00

R BAR
Level 1, Hard Rock Hotel
Opening Hours
Sun to Thu:
11:00 - 23:00
Fri & Sat:
11:00 - 24:00

THE ST. REGIS BAR
Level One, The St. Regis Macao
Cuisine: Light Fare
Atmosphere: Multi-Concept Bar
Setting: Refined, Inviting
Serving Style: Bar Menu
Dress Code: Casual
Hours: 12:00 PM - 1:00 AM; Afternoon Tea:
2:00PM - 5:30 PM
Phone: +853 8113 3700
Email: stregisbar.macao@stregis.com



D2
Macao Fisherman's Wharf
Edf. New Orleans III
Macao

VIDA RICA BAR
2/F, Avenida Dr. Sun Yat Sen, NAPE
T: 8805 8928
Monday to Thursday: 12:00 - 00:00
Friday: 12:00 - 01:00
Saturday: 14:00 - 01:00
Sunday: 14:00 - 00:00

VASCO
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3831
Monday to Thursday: 18:30 - 12:00
Friday to Saturday: 18:00 - 02:00
Sunday: 18:00 - 24:00

TRAVELOG

Sally Carpenter Hale, AP

AP PHOTO

**EXPLORE WINE COUNTRY IN VIRGINIA'S SCENIC SHENANDOAH VALLEY**

Thomas Jefferson may have been the first winemaker in Virginia, but it took another 200 years for the industry to blossom in the state. Today, with 300 wineries, Virginia is the fifth-largest wine region in the United States.

While 70 percent of the state's wineries are clustered in eastern Virginia, it's worth a trip across the Blue Ridge Mountains to the west side, where some of the state's best wines are produced in the scenic Shenandoah Valley.

Nestled between the Blue Ridge and Allegheny mountain ranges, the valley's dry climate, warm days and cool nights produce some outstanding grapes.

The valley is about an hour's drive from Washington, D.C., but my husband Rick and I approached it from the south, after driving up a portion of the Blue Ridge Parkway. We had planned to stay one night in the charming town of Strasburg and then head the four hours home to Pennsylvania — until we discovered the multitude of wineries in the area and added another day to our trip.

There are two dozen wineries in Shenandoah County, primarily family owned boutique operations growing French-American hybrid grapes. We visited five of the tasting rooms in the northern region, all of which boasted stunning mountain vistas. Tasting fees ranged from USD4.75 to \$10, and wines were priced at \$18-\$30.

Shenandoah Vineyards in Edinburg, established in 1976, is still run by 90-year-old Emma Randel, who lives in the log house where her mother was born in 1895. Two decks offer lovely views of the mountains.

Fifteen acres are planted with riesling, chardonnay, vidal blanc, seyval blanc, chambourcin and traminette. We were partial to the Rebel Red blend. Eleven miles to the north in Maurertown is the North Mountain Vineyard & Winery. At 300 meters of elevation, this land has been farmed since the 1700s, and grapes first were planted in 1982.

In addition to more traditional varietals, North Mountain

grows the German-Austrian gruner veltliner and zweigelt grapes. The winery makes a spiced wine based on a traditional German gluhwein and an Oktoberfest white blend of traminette, vidal blanc and riesling. We bought a bottle of claret, a Bordeaux-style wine that North Mountain supplies to George Washington's Mount Vernon plantation. From North Mountain, we took a beautiful, winding route over the mountain to the Cedar Creek Winery near Star Tannery, perched at 1,100 feet (335 meters) on the banks of its namesake creek. Cedar Creek produces only 30 cases of cabernet franc and 120 cases of chardonnay each year. Here, you can experience a vertical tasting, sampling different vintages of each wine with owner Ron Schmidt, a retired law enforcement officer.

We thought Cedar Creek's wines were the best of the tour, especially the 2009, 2010 and 2012 cabernet franc and the 2011 chardonnay.

At lunchtime, we traveled

to the Valerie Hill Vineyard & Winery in Stephens City, where the tasting room is in a Federal-style brick manor house built in 1807 by Revolutionary War Capt. Peter Rust. The winery was serving chili and cornbread, which we enjoyed with a glass of 2015 petit verdot on the screened porch. Valerie Hill features live music on weekend afternoons. And from October to February, "History & Hauntings" dinners include a tour of the building and ghost stories about a woman in the cellar who cries for help and a boy locked forever in the attic. The fee is \$49 per person.

The James Charles Winery & Vineyard in Winchester, established in 1995, produces 10,000 cases per year of a variety of wines, including ameritage, cabernet franc, petit verdot, riesling, sauvignon blanc and viognier, for which it won a double gold medal at the 2016 San Francisco International Wine Competition.

The winery's expansive patio provides a scenic setting to enjoy a bottle of wine and a bread

and cheese plate. For \$30, you can attend a vintner's table seated tasting with food pairings. Our final stop was Veramar Vineyard in Berryville, which has 26 acres (10 hectares) of grapes including the Spanish white varietal albarino and America's oldest native grape, Norton. Veramar consistently earns ratings in the 80s from the likes of Wine Enthusiast and Robert Parker, most recently for its 2015 merlot, chardonnay, cabernet franc and seyval blanc. We picked up bottles of the latter two.

Veramar hosts picnics on its large patio on Friday and Saturday afternoons for \$29.99, and plans a music and tree lighting gathering Dec. 2 with mulled wine and cookies.

In addition to the wineries, the Shenandoah Valley is dotted with historic sites dating back to colonial times. You can hike in Shenandoah National Park. Quaint inns and bed and breakfasts include The Inn at Narrow Passage in Edinburg, the site of Stonewall Jackson's headquarters in 1862, and the Hotel Strasburg.

WHAT'S ON



TODAY (NOV 2)

A CONTRIBUTION TO THE HISTORY OF MACAU EXHIBITION

Founded in 1917, Macau Postal Savings (CEP) celebrated its centenary on 21st September this year. On this special occasion, CTT published the photo album 'A Contribution to the History of Macau', featuring previously unpublished images of buildings acquired by CEP during the 1930s and 1940s. In addition, an exhibition titled A Contribution to the History of Macau is running at the Gallery of Carmo Post Office in Taipa.

TIME: 10:30am-5:30pm (Closed on Mondays)
 UNTIL: March 31, 2018
 VENUE: Carmo Post Office in Taipa, Avenida de Carlos da Maia
 ADMISSION: Free
 ORGANIZER: Macau Post and Telecommunications Bureau
 ENQUIRIES: (853) 8396 8305
www.macaucep.gov.mo



TOMORROW (NOV 3)

LE SONGE - LES BALLET DE MONTE-CARLO

Taking the audience surfing through a wave of their maddest desires, this dream-like comedy merges the imaginary prowess of three worlds, reflecting the stages of maturity throughout a dancer's career. Raucous, witty and acrobatic, the choreography starts by depicting the world of the young Athenians, represented by intense, vibrant rhythm. The narrative is followed by a disconcerting type of abstraction and eroticism amongst the Fairies, and the third and final world introduces us to a universe of colourful, eccentric Artisans. At times mischievous, immodest and frolicsome, the plot of Le Songe is set through the fascinating musical dimensions of three ingenious, creative composers for each world. From Mendelssohn's clarity and grace, to Daniel Teruggi's sensual passion and Bertrand Maillot's comic escape.

TIME: 8pm
 DATE: Nov 3-4, 2017
 VENUE: Macau Cultural Centre, Avenida Xian Xing Hai, NAPE
 ADMISSION: MOP150, MOP200, MOP250, MOP300
 ORGANIZER: Macau Cultural Centre
 ENQUIRIES: (853) 2870 0699
www.macaoticket.com
 TICKETING: (853) 2855 5555
www.tfarmers.org



SATURDAY (NOV 4)

THE MACAU CHINESE ORCHESTRA AND THE CHEONG HONG MUSIC CLUB

In order to promote the development of local music, support local civil society organizations and nurture local youth musicians, the Macau Chinese Orchestra specifically cooperates with the local art group "Macau Cheong Hong Music Club" in a joint performance. This exchange and cooperation will certainly ignite sparks of friendship, bring the audiences a musical feast.

TIME: 8pm
 VENUE: Art Activity Centre, Macau Cheong Hong Music Club
 ADMISSION: With free ticket
 ORGANIZERS: Macau Chinese Orchestra, Cheong Hong Music Club
 ENQUIRIES: (853) 8399 6699
www.icm.gov.mo/oohm/



SUNDAY (NOV 5)

CITY OF ECHOES

This exhibition features the blueprints of the works of five local poets, namely Bruce Lou, Elvis Mok, Jojo Wong, Janette Tam and Pansy Lau. Through various installation and forms of spatial design, the exhibition encourages observers to think about the survival of people from all walks of life in this city via a collective and individual perspective.

TIME: 11am-6pm
 UNTIL: November 22, 2017
 VENUE: A Porta da Arte, No. 42, Rua dos Ervanários
 ADMISSION: Free
 ORGANIZERS: Macau Heritage Ambassadors Association, Macau Outersky Poet Association
 ENQUIRIES: (853) 6238 6441
 FACEBOOK PAGE: Macau Heritage Ambassadors Association



MONDAY (NOV 6)

FESTIVE VIBES AT ALBERGUE SCM

Celebration of the 68th Anniversary of Founding of the People's Republic of China: Little Rabbit Lanterns - An Exhibition by Carlos Marreiros and Friends Part 13 showcases beguiling rabbit lanterns created by local and foreign artists and designers, together with works by students of the Macau Creative Lantern Workshop. Enjoy the cute rabbit lanterns this Autumn with the whole family!

TIME: 3pm-8pm (Mondays)
 12pm-8pm (Tuesdays to Sundays)
 UNTIL: December 6, 2017
 VENUE: Hall D1, Albergue SCM, No. 8, Calçada da Igreja de São Lázaro
 ADMISSION: Free
 ORGANIZER: Albergue SCM
 ENQUIRIES: (853) 2852 2550
 FACEBOOK PAGE: Albergue SCM



TUESDAY (NOV 7)

2017 MACAU OPEN BADMINTON

Being part of the Badminton World Federation Grand Prix Gold Series, this annual sports event attracts some 300 outstanding players from 20 countries/regions to participate in Men's Singles, Women's Singles, Men's Doubles, Women's Doubles and Mixed Doubles to compete for sporting glory and the tournament prize money of approximately MOP1,000,000 (USD120,000).

TIME: 10am-8:30pm (November 7-8)
 12pm-8:30pm (November 9-10)
 12am-9:30pm (November 11)
 12am-5:30pm (November 12)
 VENUE: Tap Seac Multisport Pavilion
 ADMISSION: MOP150 (November 7-10); MOP400 (November 11-12)
 ORGANIZER: Badminton Federation of Macau
 ENQUIRIES: (853) 6698 9877
www.macaupopenbadminton.com
 TICKETING: (853) 2855 5555
www.macaoticket.com



WEDNESDAY (NOV 8)
MACAU ILLUSTRATED - EXHIBITION OF CITY PLANS AND ARCHITECTURAL DRAWINGS FROM THE MACAU ARCHIVES COLLECTION

This exhibition showcases a selection of some 60 city plans and architectural drawings kept in the Macau Archives, organized by category to enable visitors to trace the history of Macau's evolution and gain a concrete understanding of the city's development and changes since the late 19th Century to the middle of the 20th Century.

TIME: 10am-6pm (Closed on Mondays and public holidays)
UNTIL: December 3, 2017
VENUE: Macau Archives, No.91-93, Avenida do Conselheiro Ferreira de Almeida
ADMISSION: Free
ORGANIZER: Macau Archives
ENQUIRIES: (853) 2859 2919
www.archives.gov.mo



THURSDAY (NOV 9)
AFFECTION FOR LOTUS - EXHIBITION OF PAINTING AND CALLIGRAPHY FOR THE 100TH BIRTHDAY OF JAO TSUNG-I

Some 15 of world-renowned sinologist Professor Jao Tsung-I's artworks dedicated to the theme of the lotus have been specially selected for his 100th birthday this year. One of the aims in establishing the Jao Tsung-I Academy is to promote Professor Jao's academic and artistic achievements. The Academy features a library, temporary exhibition room and an auditorium for the purpose of promulgating Chinese culture and art. Built in 1921, this neoclassical edifice was inscribed upon the list of protected heritage sites in Macau in 1984.

TIME: 10am-6pm, last admission at 5:30pm (Closed on Mondays, open on public holidays)
UNTIL: December 31, 2017
ADDRESS: No. 95 C-D, Avenida do Conselheiro Ferreira de Almeida
ADMISSION: Free
ENQUIRIES: (853) 2852 2523
ORGANIZER: Cultural Affairs Bureau
www.ajti.gov.mo

Sands WEEKEND



FOREVER CRAZY

Until 12 November
The Parisian Theatre, The Parisian Macao

Forever Crazy was conceived in 1951 as a tribute to Alain Bernardin, the founder of Crazy Horse Paris. It preserves the cabaret's artistic heritage and sophistication while adding a touch of modernity and humour. The legendary burlesque show has been dedicated to celebrating "la Femme" since its creation more than 65 years ago. There are two shows daily on weekends.
Please note entry will only be granted to those aged 18 and above.
Times: Tuesday-Friday 8pm. Saturday and Sunday 8pm and 11pm
Tickets: From MOP180, call reservations +853 2882 8818
cotaiticketing.com



MONKEY KING - CHINA SHOW

8pm, Daily (Except Thursday)
Sands Cotai Theatre, Sands Cotai Central

Monkey King is a spectacular stage show based on the famous Ming Dynasty novel "Journey to the West", considered one of the four great novels of Chinese literature. The Monkey King breaks new ground in interpreting this classic tale to appeal to a modern audience, featuring dance, skilful acrobatics, drama, martial arts, magic and other great Chinese elements.
Free Ticket for a Child, Fun for the Whole Family!
Valid until 31 December 2017
• Look out for our special vouchers offering MOP100 discounts on ticket prices.
• Buy 1 adult ticket and get 1 child under 12 free.

Tickets: From MOP420, call reservations +853 2882 8818
cotaiticketing.com



CLASSIC FRENCH AFTERNOON TEA SET

Daily 3pm-5:30pm
Brasserie, The Parisian Macao

Enjoy a classic Afternoon Tea Set with savoury treats including mini Croque Madame with sunny side-up quail egg; smoked salmon and avocado tartlet; artichoke and spinach salad; and sublime sweets like mini Eiffel Tower Champagne truffles; red bean chouxettes; "French Tricolore" macarons (blueberry, vanilla and raspberry); raspberry and pistachio financiers; coconut panna cotta flowerpots; and dark hot chocolate with Grand Marnier.

Price: MOP 268* for two, includes one cup of tea or coffee per person
Call reservations +853 8111 9200



PLANET J - A UNIVERSE APART

Daily
Planet J, Shop 3009, Level 3, Shoppes at Cotai Central

Step into a universe of live interactive quests and adventures at Planet J, a live action role playing theme park. Within its 10,000 square feet facility, Planet J houses eight distinct gaming zones containing more than 200 games. Players of all ages can share the fun of Planet J so the whole family can work together to complete these adventures.

Call reservations +853 8791 6000



澳門金沙度假區
Sands
RESORTS MACAO



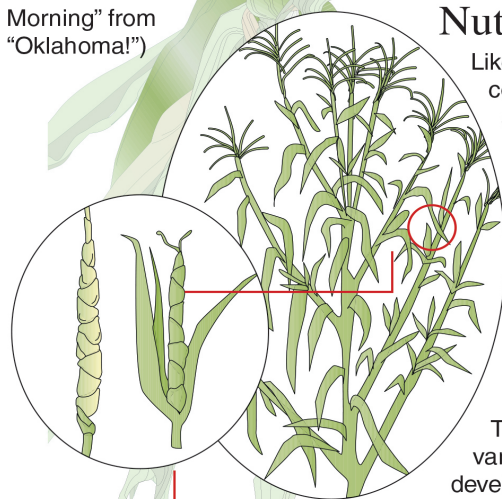
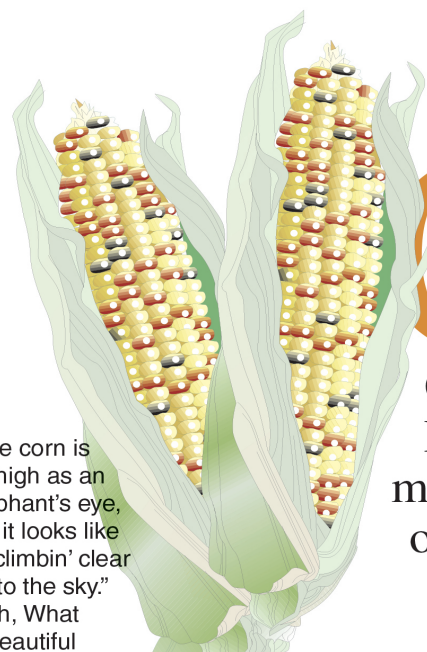
World of Wonder

EXPLORING THE REALMS OF HISTORY, SCIENCE, NATURE AND TECHNOLOGY

CORN

Corn is one of the world's most important crops. Not only is it a vital food source for humans and many animals, it is also a key ingredient in a variety of non-food products, such as ceramics, drugs and textiles — it is even being used as a fuel.

"The corn is as high as an elephant's eye, An' it looks like its climbin' clear up to the sky." ("Oh, What a Beautiful Morning" from "Oklahoma!")



Nutrition

Like most carbohydrates, corn is a rich source of starch. Corn is also rich in phosphorus, manganese, zinc, copper and iron. But corn is not a perfect food; it lacks amino acids, and people who eat only corn can suffer protein malnutrition.

Thousands of corn varieties have been developed by farmers and scientists. Typical Corn Belt plants grow from 4 to 12 feet (1.2 to 3.6 m) tall. Most Corn Belt varieties bear one ear about 9 inches (23 cm) long per plant.

Teosinte has small kernels and resembles barley or wheat more than it does modern corn.

Way back when?

Around 8,000 years ago, the people of what is now southern Mexico began to cultivate a grass called **teosinte** (the direct ancestor of modern corn). Centuries of cultivation improved the maize crop and gradually it spread throughout the Americas. By the late 1400s, Indians grew corn as far south as Argentina and Chile and as far north as Canada. Christopher Columbus and other European explorers introduced corn to other parts of the world and by the late 1500s, the crop was well-established in Africa, Asia, southern Europe and the Middle East.

What's in a name?

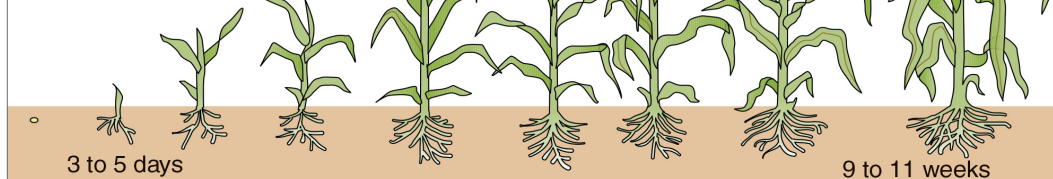
The word corn evolved from "korn," an Indo-European word used to describe any cereal grain. When Europeans arrived in the New World, they called this staple grain "Indian corn" to distinguish it from the grains of the Old World.

Corn is also called maize. The word maize is thought to have originated with the Taino people of the Northern Antilles Islands (near present-day San Salvador). The Taino name "mahis" means "source of life."

SOURCES: World Book Encyclopedia, World Book Inc.; www.lowacorn.org; National Corn Growers Association, www.ncga.com.

Stages of growth

It has been said that corn sprouts so quickly that on some quiet evenings you can actually hear it growing. Two or three days after a corn seed is planted, roots are established. The first leaves emerge 3 to 5 days later. As the stock grows taller, more and more leaves form. Four to six weeks later, the tassel at the top of the plant and buds (ears of corn) develop. A period of rapid growth follows lasting several weeks. The plant reaches full maturity about 9 to 11 weeks after sprouting.



Did you know?

Corn is produced on every continent of the world with the exception of Antarctica.

Corn leads all other crops in volume of production.

An ear of corn averages 800 kernels in 16 rows.

A pound of corn consists of approximately 1,300 kernels.

Your bacon-and-egg breakfast, glass of milk at lunch or hamburger for supper were all produced with U.S. corn.

Corn is a major component in many food items like cereals, peanut butter, snack foods and soft drinks.

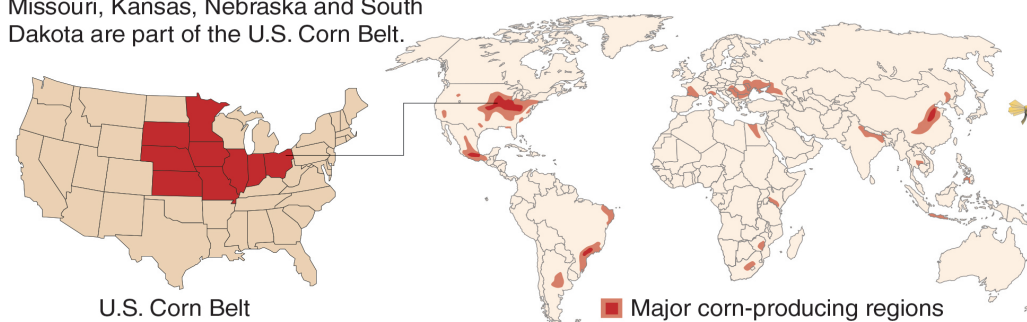
Corn is used to produce fuel alcohol. Fuel alcohol makes gasoline burn cleaner, reducing air and water pollution.

Sweet corn is harvested in the milk stage, before it dries out.

Where in the world?

Today, corn is grown all over the world. The United States produces about two-fifths of the world's corn. The Midwestern states of Minnesota, Iowa, Illinois, Ohio, Indiana, Missouri, Kansas, Nebraska and South Dakota are part of the U.S. Corn Belt.

Other important corn-producing countries include Argentina, Brazil, China, France, India, Indonesia, Mexico and South Africa.



Cornhusk doll

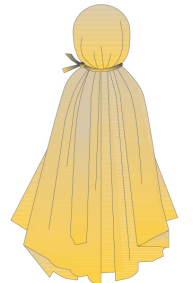
Corn was used for more than food in early America. The husks were often braided into useful things, like rugs, baskets and toys. Below are instructions on how to make a cornhusk doll. Helpful tip: If you are using fresh husks, dry them between paper for a day or two. Soak very dry husks in warm water for 10 or 15 minutes until they are soft, then dry them; a doll made with wet husks will crack and fall apart later.

Materials needed

- Several cornhusks
- Scissors
- Small Styrofoam ball
- String
- Pipe cleaners

Step 1

To make the head, take a bundle of three or four cornhusks and tie them over the foam ball.



Step 2

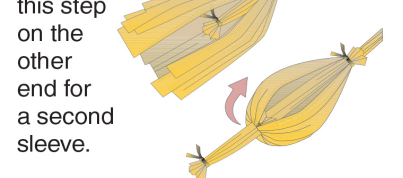
To make the arms, wrap a husk around a pipe cleaner and tie it at each end.



Step 3

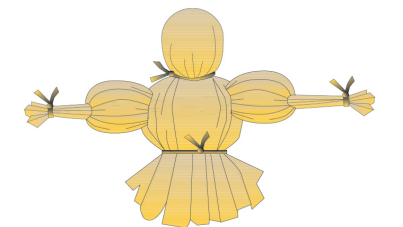
For puffy sleeves, measure and cut a husk to 3 x 4 inches. Tie it about one inch from the end of the arm piece. Pull back the husk, leaving a puffy gap, and tie it tightly to the arm.

Repeat this step on the other end for a second sleeve.



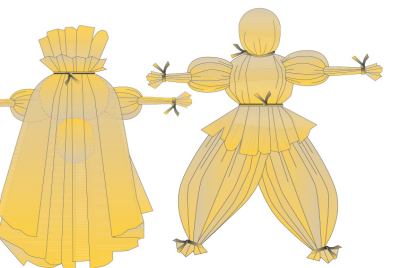
Step 4

Tuck the arms under the headpiece, and center the head between the arms. Tie the husks below the arms to make the waist.



Step 5

To make the skirt: Turn the doll upside down, and tie four husks around the waist. Flip the doll right side up, and smooth down the skirt. If you want the doll to have pants, divide the husks into two sections and tie at each ankle.



Step 6

Tidy the edges with scissors.

At a bookstore near you, two full-color World of Wonder compilations: "Plants & Animals" and "People & Places." For more information, please visit QuillDriverBooks.com or call (800) 605-7176.