



- MOVIES: WONDER
- BOOKS: THE MIDNIGHT LINE BY LEE CHILD
- MUSIC: IF ALL I WAS WAS BLACK BY MAVIS STAPLES
- WINE: THE ALCHEMIST'S MAGIC
- KITCHENWISE: GREEK-STYLED PILAF

THE FIGHT AGAINST "OVERTOURISM"

Venice and Barcelona are at the forefront of efforts to get a grip on "overtourism" as tourism-phobia becomes increasingly prevalent

DRIVE IN

Jake Coyle, AP Film Writer

IN 'Wonder,' A SWEETLY SINCERE MESSAGE MOVIE

It's hard for us cynical souls to walk into a movie advertised with the tagline "Choose kindness" and not shudder in trepidation. What sentimental hokey is this? What new hellish circle of cheese awaits now? And yet Stephen Chbosky's "Wonder," despite its Hallmark Card appearance, is far from the "Clockwork Orange"-like exercise in emotional manipulation some might fear. Even the most pessimistic of us may actually find it charming and genuinely affecting. Based on R.J. Palacio's 2012

YA novel, "Wonder" is about a 10-year-old boy, Auggie Pullman (Jacob Tremblay, with heavy makeup), with mandibulofacial dysostosis or Treacher Collins Syndrome. His parents (Julia Roberts, Owen Wilson) have homeschooled him up until now but believe it's time for him to enter 5th grade and middle school — a lion's den if ever there was one, especially for a gentle, socially isolated boy with facial deformities despite 27 healing surgeries. They, along with his older sister Via (an excellent Izabela Vidovic), live (where else?)

in brownstone Brooklyn, the epicenter of inspirational tales about precocious pre-teens. Auggie is comfortable around the neighborhood in his astronaut helmet (Halloween is his favorite holiday because of its costume-covered anonymity) but the prospect of school petrifies him. His first experiences aren't reassuring, either. A legitimate science whiz and self-declared "Star Wars" fan, he's nicknamed "Barf Hideous." Later, rumors spread that just touching him will spread the plague. The movies, a superficial medium by nature, often put irregular appearances under a harsh microscope. Seldom do we see stories like Auggie's given a close-up. But when they have, the results have often been moving and memorable — like David Lynch's "The Elephant Man" and Peter Bogdanovich's "Mask." "Wonder" adds to that lineage but it's not entirely focused on Auggie's tribulations. As the film progresses, it begins to abruptly shift perspectives, reconsidering the point of view of various characters in Auggie's orbit. After we first experience Auggie's joys and hardships at school (one, it's worth noting, is populated by some dream educators, including Mandy Patinkin as a principal and Daveed Diggs as a teacher), we



Julia Roberts (left) and Owen Wilson in a scene from "Wonder"

see the encounters from the other side. After Auggie's first friend (Noah Jupe) betrays him when he thinks Auggie is out of earshot, we get his story. After Via feels overshadowed by her brother, we follow her own struggles in losing a now too-cool friend. She joins the drama club. And we get the backstory of the school bully (Bryce Gheisar), too, revealing parents from whom he learned his behavior. The result is a clear and straightforward message movie, soaked in empathy. It tenderly evokes both the crushing pain of being shunned and the sa-

ving grace of a much-needed friend — for Auggie and for everyone. It's a sincere and valuable lesson in putting yourself in someone else's shoes. It's not that a tear-jerker like "Wonder" isn't shot through with sentiment, but it kind of miraculously avoids becoming mawkish. Chbosky, a novelist turned filmmaker, has previously shown his delicate touch depicting the hardships and joys of life's early passages in the teen tale "The Perks of Being a Wallflower." Late in the film, Via is part of a production of "Our Town," and there is in Chbosky's film

a touch of Thornton Wilder and a feel for the honest everyday rhythms of life. There are plenty of movies in which the fate of the world hangs in the balance, but "Wonder" sticks close to the daily problems of childhood, working through them with sensitivity. It's not as easy as saying "choose kindness," but it is that simple.

"Wonder," a Lionsgate release, is rated PG by the Motion Picture Association of America for "thematic elements including bullying, and some mild language." Running time: 113 minutes. ★★★★★

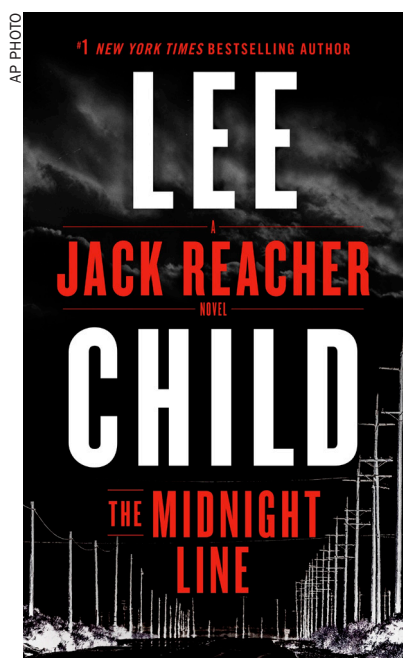


Jacob Tremblay (right) and Julia Roberts in a scene from "Wonder"

BOOK IT

NEW LEE CHILD NOVEL IS BOLD AND MYSTERIOUS

Author Lee Child delivers another classic Jack Reacher tale with "The Midnight Line." Reacher's curiosity is piqued when he gets off a bus and wanders into a pawnshop. Inside the shop he spots a small class ring from West Point stamped with the year 2005 and engraved with the initials S.R.S. He immediately questions what could have happened to the owner of the ring to force her to sell it. Reacher assumes the owner was female because of the look and size of the ring. He purchases it and asks the pawnshop owner who brought it in to sell. The answer sends him on his journey. The first name leads him to a town, and that person leads him to another somewhere else. In usual Reacher style, he never gives up or wavers, this time not to see justice being served, but to simply answer the question of what circumstances could possibly force a cadet who rightfully earned the ring to give it up. What Reacher discovers isn't quite what he was expecting. The ring is just a tiny part of a vast criminal enterprise that crosses state lines. Child has written another compelling and moving novel featuring the iconic American hero who never stops until he's satisfied with the results. While the story is bold and mysterious, the empty landscape with few individuals living in the area spotlights Reacher's



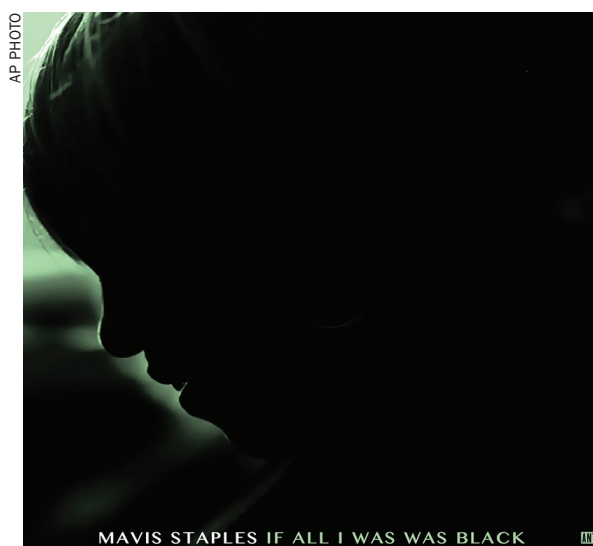
"The Midnight Line" (Delacorte Press) by Lee Child

loneliness. They were choices he made a long time ago, but he might come to regret not settling down and establishing a lack of roaming life.

Jeff Ayers, AP

TTUNES

STAPLES IN FINE FORM AS ALBUM CHRONICLES AMERICA'S DIVIDE



Mavis Staples, "If All I Was Was Black" (Anti/Epitaph)

Mavis Staples seems to grow in stature the longer she keeps chronicling America and its contemporary woes. Her constant frame of reference — the civil rights movement of the 1960s, and her family's proud role as musical pathfinders in those tumultuous years — is useful as she addresses today's troubled racial waters. In her third major collaboration with songwriter and producer Jeff Tweedy of Wilco, Staples examines the American scene, 2017, and finds it wanting in kindness and compassion. Musically, though, she has found a delicious, bass-heavy groove, slow and easy and perfectly suited for the confident, wise voice of a veteran singer who has been performing since 1948. "If All I Was Was Black" is overtly political. Tweedy, lead writer on the project, says it would feel wrong not to face what is happening in the United States head on. "We Go High," for example, builds on a notable phrase from a Michelle Obama speech. It's a

record that describes an America where "people are dying, bullets they're flying." Some of the more gospel-tinged songs, reflecting the underlying optimism in much of Staples' work, include a spiritual call for more loving in the world. "We've got work to do" is repeated on the chilling conclusion of "No Time for Crying," an eloquent song that calls for action rather than simply denouncing what's gone wrong. And she's ready to see her own faults, admitting on "Try Harder" that there is evil within her, that it would be foolish to pretend she is above reproach. The pairing with Tweedy works extremely well. The music is deeply felt, the presentation understated, the guitar work, particularly on the climactic "All Over Again," elegant and supportive. At 78, Staples has never sounded more contemporary.

Gregory Katz, AP

NEWS OF THE WORLD

Pan Pylas, AP

Venice is planning to divert massive cruise liners. Barcelona has cracked down on apartment rentals.

Both are at the forefront of efforts to get a grip on “overtourism,” a phenomenon that is disrupting communities, imperiling cherished buildings and harming the experience of travelers and local residents alike. Tourism-phobia has become increasingly prevalent, particularly in European destinations where visitors crowd the same places at the same time.

The backlash has even given rise to slogans such as “Tourists go home” and “Tourists are terrorists.”

“This is a wake-up call,” Taleb Rifai, secretary general of the United Nations’ World Tourism Organization, told tourism ministers and industry executives last week at the World Travel Market in London.

The resentment could rise as tourism increases. The UNWTO forecasts 1.8 billion trips by 2030, up from 1.2 billion in 2016. Add in the 5 billion domestic trips now, and that’s a lot of tourists. Cheap airfare is helping to fuel the growth, along with massive growth in international travel from countries like China.

Yet many destinations rely on tourism as a primary source of jobs and prosperity. Tourism accounts for around 10 percent of the world’s annual GDP, bringing hard currency into many countries that desperately need it, like Greece.

But tourism can also harm the quality of life for residents, with packed beaches, locals priced out of housing and congested streets in the narrow byways of European cities dating back to medieval times. Longer term problems include environmental damage and the long-term sustainability of cities as viable places to live and work.

For all these reasons, managing tourism is a prominent topic of debate in the industry and a central theme at the World Travel Market.

Rifai, who leaves the UNWTO at the end of the year, dismissed the idea that growth is “the enemy.” Pulling up the drawbridge, he argued, would be irresponsible when tourism accounts for one in 10 jobs worldwide. What is required, he stressed, is the need to manage tourism in a “sustainable and responsible” way that benefits local communities.

Efforts to manage overtourism are becoming more innovative and increasingly tapping new technologies. For example, apps can help tourists visit popular destinations at less busy times. And while critics say Airbnb has priced out

AP PHOTO



People form a human chain during a protest against tourism in Barcelona, Spain

Managing overtourism an increasing feature of global travel

locals, its supporters say home rentals can ease pressure on cities by spreading visitors far and wide.

Patrick Robinson, Airbnb’s director of public policy for Europe, Middle East and Africa, noted that last year 69 percent of the platform’s users in Amsterdam stayed away from the city center.

In some cases, tourist quotas make sense. In the Galapagos Islands, Ecuador has imposed a 100,000 annual limit on visitors. The Croatian city of Dubrovnik, where visitor numbers surged after the Adriatic Sea resort was used as a setting for the series “Game of Thrones,” has mulled limiting those entering the city’s medieval walls to 4,000 daily.

Other strategies include promoting offseason visits, opening up new destinations or tweaking marketing. Prague is pushing local walks off the beaten track, while London promotes neighborhoods such as Greenwich and Richmond.

“There is no one solution for all, every destination is different,” said Gloria Guevara, the new president and CEO of the London-based World Travel & Tourism Council.

Barcelona, which became a tourist juggernaut after the 1992

Olympics, has outlined measures to balance the needs of locals and visitors. The city has cracked down on unlicensed rentals and established a tourism council that includes residents, business, unions and government. The hope is that by listening to all the stakeholders, Barcelona can reduce the strains tourism places on the city and ameliorate tensions between residents and visitors. “Businesses do not want to put their customers in places where they are being treated as an unwelcome pest, and I think some of the language that we’ve seen that’s hostile to tourism verges on hate speech,” said Tim Fairhurst, head of strategy and policy at the European Tourism Association.

Venice has witnessed a tourism backlash in response to the monumental increase in visitors, many of whom irk locals by going to the same spots at the same time.

“The problem at the moment is the intolerable concentration of human numbers in these small spaces which are still thoroughfares in what is still a living city,” said Jonathan Keates, chairman of the Venice In Peril Fund.

Last week, a plan was announ-

ced to block giant cruise ships from steaming past Venice’s iconic St. Mark’s Square. Few think it’s enough, and there’s talk of higher taxes on tourists, timed tickets to venues or even the introduction of turnstiles. Everyone, though, has a role to play, including the tourists themselves.

Venice recently introduced the “Enjoy Respect Venice” initiative which controls, fines or disciplines travelers who strip and jump into the canals or who

eat on church steps. The new measures, according to Keates, clamp down on those “treating the place as a kind of extended marble beach rather than a viable city.”

Fairhurst said “simple measures” can make a difference, such as changing opening hours or increasing parking facilities.

“There are lots of ways in which we use our cities inefficiently, where with a much more holistic and long-term approach, we could do better,” he said.

AP PHOTO

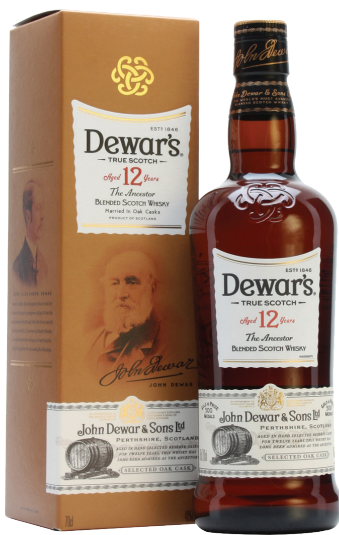


A cruise ship transits in the Giudecca canal in front of St. Mark's Square in Venice, Italy

WORLD OF BACCHUS

Jacky I.F. Cheong

The Alchemist's Magic



DEWAR'S THE ANCESTOR 12 YEARS OLD

A blend of up to 40 single malt and grain whiskies. Bright golden with luminous copper reflex, the fragrant nose offers dried apricot, cardamom, roasted barley, crème bavaoise and heather. With a supple mouthfeel, the vigorous palate delivers cloudberry, aniseed, buttered toast, toffee and a whiff of bonfire smoke. Medium-full bodied at 40percent, the candid entry continues through a structured mid-palate, leading to a persistent finish. Easily one of the best 12yo blended whiskies on the market.



DEWAR'S THE VINTAGE 18 YEARS OLD

The composition of single malts is both classically gentlemanlike, with Highland (Aberfeldy, Macduff and Royal Brackla) and Speyside (Aultmore and Craigellachie) prominently featured, complemented by Lowland. Rich golden with saturated amber reflex, the scented nose reveals dried nectarine, star anise, maltose, marzipan and sandalwood. With a creamy mouthfeel, the sumptuous palate uncloaks physalis, nutmeg, gingerbread, fudge and a trail of wood smoke. Full-bodied at 40percent, the poised entry evolves into a melodious mid-palate, leading to a lingering finish. Unquestionably one of the best 18yo blended whiskies in the world.

Legally defined by Scotch Whisky Regulations 2009 s.3(2) as “a blend of one or more Single Malt Scotch Whiskies with one or more Single Grain Scotch Whiskies”, blended scotch is the largest of the five categories of scotch whisky, representing a lion’s share of 90percent of all scotch bottled. Note the word used is “bottled”, not “produced”. Not all single malts produced are bottled as such – a large proportion is actually used to make blended scotch. Blended scotch is not just the workhorse, but lifeblood of the scotch whisky industry.

Blended scotch as we know it originated from the early Victorian era, or mid-19th century, owing to a basket of reasons. Back then, most single malts were too fiery to enjoy on their own, and most family-owned distilleries had neither bottling facilities nor marketing capabilities; whiskies were often sold by the cask to blenders and bottlers. Grocery stores and shopkeepers were particularly adept at blending; after all, they have been blending the likes of tea, coffee, tobacco and fragrances for centuries. The objective is essentially the same: the end product must be greater than the sum of all its parts.

Indeed, this is the common origin shared by numerous blended whiskies still in existence today, e.g. Ballantine’s (George Ballantine), Bell’s (Arthur Bell), Buchanan’s (James Buchanan), Dewar’s (John Dewar), Teacher’s (William Teacher) and Johnnie Walker (John Walker). The founders were often simultaneously shopkeepers, blenders and bottlers, all eager to put their surname on the label.

During the gilded age of single malt (1980s-present), blended whisky is sometimes looked down at as common, inexpensive quaffers for the uninitiated, and that

a supposed lack of individuality remains its unatonable original sin. This would be an oversimplification, if not prejudice. First and foremost, most single malts, except perhaps the rare single casks, are subject to blending. To even out barrel variations, single malts from different barrels were blended before bottling. No less importantly, while it is true that blended scotch does not reflect the specific malting, distillation or maturation process of a distillery as can single malt, each and every blended scotch has its own, distinctive house style. That the style can be maintained year after year is not “the last refuge of the unimaginative” (Oscar Wilde on consistency).

The master blender needs to know hundreds if not thousands of batches of malt and grain whiskies, in order to forge them into a certain style. If the master distiller is a soloist highly specialised in one musical instrument, the master blender is more akin to the conductor, who needs to understand each and every section of the orchestra. How many and which single malts and grains? What kind of barrel maturation, and for how long? Above all, will the numerous components blend into a harmonious whole? This takes knowledge, skills, experience and judgement, as well as a certain fingerspitzengefühl.

Established in 1846, Dewar’s is the world’s most awarded blended scotch, which has over the years garnered more than 500 medals, along with a Royal Warrant granted by Victoria, and renewed by every monarch since. A pioneer of the “marriage in oak casks” method, whereby different whiskies are given extra time to amalgamate with one another in barrels after initial maturation and blending, Dewar’s house style can be described as rich and harmonious.

Jacky I.F. Cheong is a legal professional by day and columnist by night. Having spent his formative years in Britain, France, and Germany, he regularly writes about wine, fine arts, classical music, and politics in several languages

RESTAURANTS

CANTONESE



GRAND IMPERIAL COURT
5pm – 12midnight
T: 8802 2539
Level 2, MGM MACAU



IMPERIAL COURT
Monday - Friday
11am - 3pm / 6pm - 11pm
Saturday, Sunday & Public Holidays
10am - 3pm / 3pm - 11pm
T: 8802 2361
VIP Hotel Lobby, MGM MACAU

BEIJING KITCHEN
Level 1, Grand Hyatt Macau
Opening Hours
11:30am – 24:00



KAM LAI HEEN
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3821
11:00 - 15:00 / 18:00 – 22:00
(Close on Tuesday)

SHANGHAI MIN
Level 1, The Shops at The Boulevard
Opening Hours
11:00 – 15:00; 18:00 - 22:30

SHANGHAI

CATALPA GARDEN
Mon - Sunday
11:00 - 15:00 / 17:30 - 23:00
Hotel Royal, 2-4
Estrada da Vitoria
T: 28552222

FRENCH

寶雅座
AUX BEAUX ARTS

AUX BEAUX ARTS
Monday – Friday
6pm – 12midnight
Saturday – Sunday
11am – 12midnight
T: 8802 2319
Grande Praça, MGM MACAU

巴黎人
— BRASSERIE —
法式餐厅

BRASSERIE
Level 3, The Parisian Macao
Monday - Sunday:
11:00am - 11:00pm
Tel: +853 8111 9200

GLOBAL

Café BELA VISTA
Grand Lapa, Macau
T: 87933871
Mon -Thurs
06:30 – 15:00 / 6:00 – 22:00
Fri – Sunday
06:30 – 22:00

MEZZA9 MACAU
Level 3, Grand Hyatt Macau
Opening Hours
Dinner: 5:30 – 11:00



VIDA RICA (RESTAURANT)
2/F, Avenida Dr Sun Yat Sen, NAPE
T: 8805 8918
Mon - Sunday
6:30 – 14:30 / 18:00 – 23:00



MORTON'S OF CHICAGO
The Venetian(r) Macao-Resort-Hotel
Taipa, Macau
T:853 8117 5000
mortons.com
• Bar
Open daily at 3pm
• Dining Room
Monday - Saturday: 13:00 - 23:00
Sunday: 17:00 - 22:00

ABA BAR

ABA BAR
5pm – 12midnight
T: 8802 2319
Grande Praça, MGM MACAU

COPA STEAKHOUSE
3/F, Sands Macao Hotel
OPENING HOURS:
Cocktails: 4:30 pm - 12:00 am
Dinner: 5:30 pm - 11:00 pm
Tel: +853 8983 8222



PASTRY BAR
10am – 8pm
T: 8802 2324
Level 1, MGM MACAU



ROSSIO
7am – 11pm
T: 8802 2372
Grande Praça, MGM MACAU



SQUARE EIGHT
24 hours
T: 8802 2389
Level 1, MGM MACAU

ITALIAN

LA GONDOLA
Mon - Sunday
11:00am – 11:00pm
Praia de Cheoc Van, Coloane,
next to swimming pool
T: 2888 0156



PORTOFINO
Casino Level1, Shop 1039,
The Venetian Macao
TEL: +853 8118 9950



AFRIKANA
Sun to Thu: 04:00pm – 01:00am,
Fri, Sat and Eves of Public Holidays:
06:00pm – 03:00am
Location : AfriKana, Macau Fisherman's
Wharf
Telephone Number : (853) 8299 3678

JAPANESE

SHINJI BY KANESAKA
Level 1, Crown Towers
Lunch 12:00 - 15:00
Dinner 18:00 - 23:00
Closed on
Tuesday (Lunch and Dinner)
Wednesday (Lunch)

ASIAN PACIFIC



GOLDEN PEACOCK
Casino Level1, Shop 1037,
The Venetian Macao
TEL: +853 8118 9696
Monday - Sunday:
11:00 - 23:00

PORTUGUESE

CLUBE MILITAR
975 Avenida da Praia Grande
T: 2871 4000
12:30 – 15:00 / 19:00 – 23:00

FERNANDO'S
9 Praia de Hac Sa, Coloane
T: 2888 2264
12:00 – 21:30

THAI



NAAM
Grand Lapa, Macau
956-1110 Avenida da Amizade, The Resort
T: 8793 4818
12:00 – 14:30 / 18:30 – 22:30
(Close on Mondays)

BARS & PUBS



38 LOUNGE
Altrira Macau,
Avenida de Kwong Tung, 38/F Taipa
Sun-Thu: 13:00 – 02:00
Fri, Sat and Eve of public holiday:
15:00 – 03:00

R BAR
Level 1, Hard Rock Hotel
Opening Hours
Sun to Thu:
11:00 – 23:00
Fri & Sat:
11:00 – 24:00

THE ST. REGIS BAR
Level One, The St. Regis Macao
Cuisine: Light Fare
Atmosphere: Multi-Concept Bar
Setting: Refined, Inviting
Serving Style: Bar Menu
Dress Code: Casual
Hours: 12:00 PM - 1:00 AM; Afternoon Tea:
2:00PM - 5:30 PM
Phone: +853 8113 3700
Email: stregisbar.macao@stregis.com



D2
Macao Fisherman's Wharf
Edf. New Orleans III
Macao

VIDA RICA BAR
2/F, Avenida Dr. Sun Yat Sen, NAPE
T: 8805 8928
Monday to Thursday: 12:00 – 00:00
Friday: 12:00 – 01:00
Saturday: 14:00 – 01:00
Sunday: 14:00 – 00:00

VASCO
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3831
Monday to Thursday: 18:30 – 12:00
Friday to Saturday: 18:00 – 02:00
Sunday: 18:00 – 24:00

KITCHENWISE

Sara Moulton, Celebrity Chef, via AP



AP PHOTO

BASMATI RICE MAKES GREEK STYLE RICE PILAF SPECIAL

With the exception of ooey-gooey potato concoctions, side dishes rarely get any respect. Most of us devote our love and attention to the protein in the center of the plate and then throw together some kind of vegetable and/or starch as an afterthought. Here, however, is a pilaf fully capable of stealing the limelight from the usual star of the show. It's basmati rice that makes Greek Style Rice Pilaf so special. An especially aromatic grain used for centuries in India and Pakistan, basmati doesn't usually show up in a Greek-styled pilaf. But I prefer its naturally nutty taste to the blandness of the usual varieties of long-grain rice. (There's

a reason that basmati means fragrant in Hindi.) The seasonings, of course, are also key: sautéed spinach spiked with red pepper flakes, feta cheese, olives and dill. To make sure the cooked grains ended up separate and fluffy — and to wash away excess starch — I started by rinsing the rice. This requires covering the rice in several inches of cold water, stirring it in a circular motion several times, dumping off the water and starting again with fresh water. Repeat this process as often as it takes for the water to become almost clear. Cooking rice also requires some care. It needs to be tightly sealed and cooked at a bare simmer to achieve the

right texture. Place a wet paper towel under the lid to ensure that no liquid can escape. Waiting 10 minutes after it's cooked before fluffing it up allows all the moisture to be absorbed.

If you're not a fan of feta, just swap in ricotta salata, a kind of aged ricotta. You're also welcome to lose the dill in favor of oregano, basil or mint. And if you don't like olives, just leave them out. Finally, if you'd prefer a vegetarian version of this dish, reach for vegetable broth instead of chicken broth. Born as a side dish, Greek Style Rice Pilaf easily converts to main-dish status. Just top it off with a little sautéed shrimp or chicken and call it a meal.

RECIPE

START TO FINISH: 1 hour (30 minutes active)

Servings: 6

1/2 cup finely chopped onion
1/4 cup extra-virgin olive oil, divided
1 cup basmati rice, rinsed until the water runs clear and drained
1 teaspoon minced garlic
1 teaspoon lemon zest
1 2/3 cup low-sodium chicken broth
8 ounces baby spinach
1/4 teaspoon red pepper flakes
2 ounces finely crumbled feta cheese (about 1/2 cup)
1 ounce chopped Mediterranean olives (heaping 1/4 cup)
2 tablespoons chopped fresh dill

HOW TO COOK IT

In a medium saucepan cook the onion in 2 tablespoons of the oil over medium heat, stirring occasionally until it is golden, about 8 minutes. Add the rice and garlic; cook, stirring, for 3 minutes. Add the lemon zest and chicken broth and bring to a boil. Turn down the heat to medium-low, adjusting the temperature to make sure that the broth maintains a bare simmer, cover the top of the pot with a wet paper towel and a tight-fitting lid and cook, without stirring, for 17 minutes. Remove from the heat and let stand for 10 minutes.

While the rice is simmering, cook the spinach. In a large skillet heat 1 tablespoon of the remaining oil over high heat, add half the spinach and cook, stirring until it is wilted, add half the pepper flakes, stir and transfer the spinach to a bowl. Repeat the procedure with the remaining oil, spinach and pepper flakes and set aside.

When the rice is done and has rested for 10 minutes, add the feta, olives and dill and, using a fork, fluff the rice to separate the grains. Serve right away.

NUTRITION INFORMATION PER SERVING: 259 calories; 110 calories from fat; 12 g fat (3 g saturated; 0 g trans fats); 8 mg cholesterol; 211 mg sodium; 30 g carbohydrates; 1 g fiber; 1 g sugar; 6 g protein.

WHAT'S ON



TODAY (NOV 17)
LANGUAGE & THE ART OF XU BING

This exhibition takes the 'Language & the Art of Xu Bing' as its theme, showcasing his magnum opuses, accompanied by the related experimental trials and rough sketches leading to their accomplishment. They represent the fruition of over three decades of artistic creativity and reveal the underlying logic and supporting reasoning. Among the exhibits are works rarely on display elsewhere.

TIME: 10am-7pm (last admission at 6:30pm; closed on Mondays, open on public holidays)
UNTIL: March 4, 2018
VENUE: Macau Museum of Art, Av. Xian Xing Hai, NAPE
ADMISSION: Free
ORGANIZER: Macau Museum of Art
ENQUIRIES: (853) 8791 9814
www.mam.gov.mo



TOMORROW (NOV 18)
PURGE ONE'S MIND: TRIO EXHIBITION BY LEONG KIT MAN, IM HOK LON AND MOK HEI SAI

Leong Kit Man is currently studying for a Ph.D. degree at the Fine Arts at the Chinese National Academy of Arts. She is now engaged in the research of fine art theories, artistic creation and Chinese painting education and specializes in the creation of Chinese painting in the gongbi style. Mok Hei Sai obtained a master degree in Literature and Art Studies at the East China Normal University. He has been engaged in teaching calligraphy for many years and is committed to the promotion of traditional culture. Over the past few years, he has cooperated with artists from the fields of tea ceremony and leather carving, in an attempt to promote the charm of Chinese characters. Im Hok Lon is a graduate from the Guangzhou Academy of Fine Arts specializing in landscape painting. He is committed to the promotion of Chinese painting and carving. His works mostly feature landscapes and animals, and were exhibited in Mainland China, Macau, Hong Kong and Taiwan.

TIME: 11am-10pm
UNTIL: November 25, 2017
VENUE: Lakeside Gallery, Anim'Arte Nam Van
ORGANIZER: Cultural Affairs Bureau
ENQUIRIES: (853) 2836 6866
www.icm.gov.mo



SUNDAY (NOV 19)
AFFECTION FOR LOTUS - EXHIBITION OF PAINTING AND CALLIGRAPHY FOR THE 100TH BIRTHDAY OF JAO TSUNG-I

Some 15 of world-renowned sinologist Professor Jao Tsung-I's artworks dedicated to the theme of the lotus have been specially selected for his 100th birthday this year. One of the aims in establishing the Jao Tsung-I Academy is to promote Professor Jao's academic and artistic achievements. The Academy features a library, temporary exhibition room and an auditorium for the purpose of promulgating Chinese culture and art. Built in 1921, this neoclassical edifice was inscribed upon the list of protected heritage sites in Macau in 1984.

TIME: 10am-6pm, last admission at 5:30pm (Closed on Mondays, open on public holidays)
UNTIL: December 31, 2107
ADDRESS: No. 95 C-D, Avenida do Conselheiro Ferreira de Almeida
ADMISSION: Free
ORGANIZER: Cultural Affairs Bureau
ENQUIRIES: (853) 2852 2523
www.ajti.gov.mo

THE 未来芭蕾之星
FUTURE STARS of
BALLET 35th
2017

項秉華芭蕾舞學校_澳門
ESCOLA DE BALLET
HONG PENG WA DE MACAU

2017.11.19
SUN 3:15PM

2017 FUTURE STARS OF BALLET - HONG PENG WA BALLET SCHOOL

"2017 Future Stars of Ballet" is the 35th anniversary performance of Hong Peng Wa Ballet School. This annual performance casts more than 200 students and consists of a variety of classical and modern Ballet.

TIME: 3:15pm
VENUE: Macau Cultural Centre, Avenida Xian Xing Hai, NAPE
ADMISSION: MOP50, MOP90, MOP150, MOP250
ORGANIZER: Hong Peng Wa Ballet School
TICKETING: (853) 2855 5555
www.macauticket.com



MONDAY (NOV 20)
AFA AUTUMN SALON 2017

Concerning the criteria of the artwork selections, we base ourselves under the general direction of contemporary art, considering the artistic background of the artists, the concept of the artworks as well as its execution quality, so that to choose a variety of art forms which are representative to the creative status of Macau nowadays. This year there are 30 artists and a total of 58 artworks that have been selected. The artistic media include painting and drawing, photography, sculpture, video art and even electronic installation. We can see that there are attempts to new trials in terms of artistic expressions and art forms, which reflects the vitality of local artists on their artistic research.

TIME: 9:30pm-6pm (Closed on Saturdays, Sundays and public holidays)
UNTIL: November 30, 2017
VENUE: Casa Garden, opposite Luis de Camões Garden
ORGANIZERS: Art for All Society, Oriental Foundation
ENQUIRIES: (853) 2836 6064
FACEBOOK PAGE: AFA Autumn Salon
www.afamacau.com



TUESDAY (NOV 21)
MACAU ILLUSTRATED - EXHIBITION OF CITY PLANS AND ARCHITECTURAL DRAWINGS FROM THE MACAU ARCHIVES COLLECTION

This exhibition showcases a selection of some 60 city plans and architectural drawings kept in the Macau Archives, organized by category to enable visitors to trace the history of Macau's evolution and gain a concrete understanding of the city's development and changes since the late 19th Century to the middle of the 20th Century.

TIME: 10am-6pm (Closed on Mondays and public holidays)
UNTIL: December 3, 2017
VENUE: Macau Archives, No.91-93, Avenida do Conselheiro Ferreira de Almeida
Admission: Free
ORGANIZER: Macau Archives
ENQUIRIES: (853) 2859 2919
www.archives.gov.mo



WEDNESDAY (NOV 22) FESTIVE VIBES AT ALBERGUE SCM

Celebration of the 68th Anniversary of Founding of the People's Republic of China: Little Rabbit Lanterns - An Exhibition by Carlos Marreiros and Friends Part 13 showcases beguiling rabbit lanterns created by local and foreign artists and designers, together with works by students of the Macau Creative Lantern Workshop. Enjoy the cute rabbit lanterns this Autumn with the whole family!

TIME: 3pm-8pm (Mondays)
12pm-8pm (Tuesdays to Sundays)

UNTIL: December 6, 2017

VENUE: Hall D1, Albergue SCM, No. 8, Calçada da Igreja de São Lázaro

ADMISSION: Free

ORGANIZER: Albergue SCM

ENQUIRIES: (853) 2852 2550; 2852 3205

FACEBOOK PAGE: Albergue SCM



THURSDAY (NOV 23)

A CONTRIBUTION TO THE HISTORY OF MACAU EXHIBITION

Founded in 1917, Macau Postal Savings (CEP) celebrated its centenary on 21st September this year. On this special occasion, CTT published the photo album 'A Contribution to the History of Macau', featuring previously unpublished images of buildings acquired by CEP during the 1930s and 1940s. In addition, an exhibition entitled A Contribution to the History of Macau is running at the Gallery of Carmo Post Office in Taipa.

TIME: 10:30am-5:30pm (Closed on Mondays)

Until: March 31, 2018

VENUE: Carmo Post Office in Taipa, Avenida de Carlos da Maia

ADMISSION: Free

ORGANIZER: Macau Post and Telecommunications Bureau

ENQUIRIES: (853) 8396 8305

www.macaucep.gov.mo

Sands WEEKEND



2017 JIGSAW MUSIC FESTIVAL IN MACAO

18-19 November
Cotai Arena, The Venetian Macao

Headlined by the hottest DJ duo in the world, Dimitri Vegas & Like Mike, with special guest Nervo, JIGSAW MUSIC FESTIVAL IN MACAO 2017 will offer two days of the most cutting-edge and current Electronic Dance Music. The two-night festival will bring in some of the top DJs worldwide. Show times are 9:30pm on Saturday and 7pm on Sunday.

Tickets: From MOP/HKD680, call reservations +853 2882 8818
cotaiticketing.com



JIMMY BARNES - LIVE IN MACAO

9 December
The Parisian Theatre, The Parisian Macao

Australian rock icon and music legend Jimmy Barnes makes his Macao debut at The Parisian Theatre for one night in December. Barnes has enjoyed a colourful 40-year musical career and he has sold more records in Australia than any other local rock and roll artist. Famous for the intensity of his legendary live shows, and his signature raspy voice, Barnes will perform all his hits with his band for this Macao debut. Don't miss the opportunity to experience a true rock music legend!

Times: Saturday 8pm
Tickets: From MOP/HKD380, call reservations +853 2882 8818
cotaiticketing.com



VIEW AND DINE AT THE PARISIAN MACAO

Until 23 December, savour exotic flavours at The Parisian Macao and enjoy the spectacular views from the Eiffel Tower. Tickets include admission to Eiffel Tower 37th Floor and a meal at selected restaurants.

Lunch Set
MOP258* per adult | MOP178* per child

Enjoy Lunch at Le Buffet or Set Lunch at Brasserie or Lotus Palace for one person, plus Eiffel Tower ticket for one.

Dinner Buffet
MOP418* per adult | MOP258* per child

Enjoy Dinner at Le Buffet for one person, plus Eiffel Tower ticket for one.

Book Now
Le Buffet +853 8111 9250 Brasserie +853 8111 9200
Lotus Palace +853 8111 9260

*Subject to 10% service charge. Terms and conditions apply.



WHITE & BLACK TRUFFLES

From now till December

Known throughout the culinary world as "white diamonds" or "black pearls", Sands Resorts Macao presents truffle season.

From now till December, dine at our signature restaurants: Portofino, Canton, Dynasty 8, Brasserie, Lotus Palace, COPA, Golden Court and delight in a myriad of dishes prepared with these fantastic fungi.

Bringing the world to your plate - one dish at a time.

SandsResortsMacao.com/dining



澳門金沙度假區

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STREGIS
MACAO • COTAI CENTRAL
澳門新金沙中心酒店

FOUR SEASONS
HOTEL
MACAO, COTAI STRIP

THE VENETIAN
澳門威尼斯人

THE PARISIAN
澳門巴黎人

Holiday Inn
澳門新金沙中心酒店

CONRAD
MACAO, COTAI CENTRAL
澳門新金沙中心康萊德酒店

Sheraton
Grand
MACAO HOTEL
澳門新金沙中心大酒店

Early days

After the period in history called the Renaissance came the Age of Enlightenment. This intellectual movement began in the late 1600s and lasted into the late 1700s. French philosophers played a vital role during the Age of Enlightenment.

It was a time of great change and many advances in science (anatomy, astronomy, chemistry, mathematics and physics). Great thinkers of the day began to question religious authority.

The movement's philosophers believed that science and reason could reform society, creating a just world that was free of ignorance and superstition. These intellectuals published encyclopedias and founded educational institutes in the belief that education was empowering.

Order in nature

The philosophers of the Enlightenment believed that nature and everything in the universe behave according to a few simple mathematical laws. Their favorite example of such a law was Newton's law of gravity.

Revolution

The Enlightenment movement led to the American Revolutionary War and the French Revolution. Its ideals continued into the 19th century and influenced the Industrial Revolution.

New political philosophies attacked tyranny and social injustice — exploring issues of human rights, education and the law. Many of these ideals influenced the Constitution of the United States.

The Enlightenment saw an increase in printed materials and the spread of capitalism.

World of Wonder

EXPLORING THE REALMS OF HISTORY, SCIENCE, NATURE AND TECHNOLOGY

THE AGE OF REASON

By Laurie Triefeldt

Also known as the Age of Enlightenment and the Age of Rationalism, this was a time when philosophers looked to science to find truth and understand life.



Sir Isaac Newton
1642 – 1727

Sir Isaac Newton

The 1687 publication of Newton's "Principia" (describing the laws of motion and gravity) ushered in the Age of Enlightenment.

René Descartes

This French aristocrat is sometimes called the father of modern philosophy and mathematics. Descartes questioned everything, including his own existence: "I think, therefore I am." He believed that thought is the sole aim, meaning and purpose of life.

John Locke

Sometimes called the father of liberalism, this English physician was one of the great philosophers of the late 17th and early 18th centuries. His ideas regarding freedom of religion and the rights of citizens — "Revolt is the right of the people" — angered the British government, which forced him into exile. Locke wanted people to use reason in their quest for truth rather than simply accept the opinions of authorities. His ideas about identity and self greatly influenced the work of later philosophers.

Jean-Jacques Rousseau

In addition to being a brilliant and influential intellectual, Rousseau was a composer of music. He believed that all people are equal, and he criticized the class system. Rousseau said, "A government's success can be measured easily by the extent to which its population thrives."

Voltaire

François-Marie Arouet (pen name Voltaire) was a French writer, historian and philosopher famous for his wit and for his support of social reform. A prolific writer, Voltaire believed in tolerance, reason, freedom of religious beliefs and freedom of speech. He said, "I do not agree with what you have to say, but I'll defend to the death your right to say it."

Thomas Paine

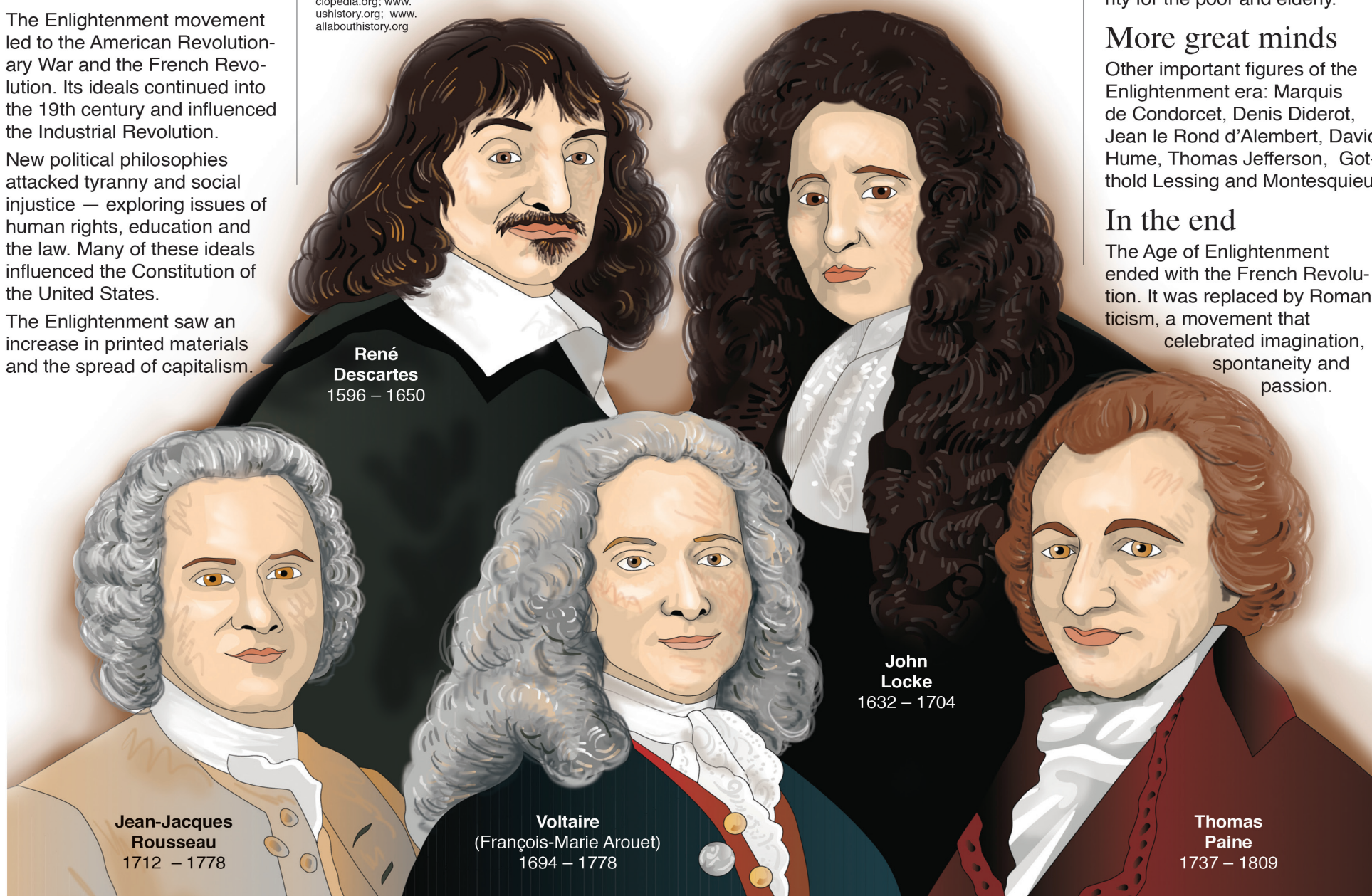
One of the Founding Fathers of the United States, this journalist played a role in both the American and the French revolutions. He said, "If we do not hang together, we shall surely hang separately." Paine believed government was a necessary evil and advocated a world peace organization. He opposed slavery and supported social security for the poor and elderly.

More great minds

Other important figures of the Enlightenment era: Marquis de Condorcet, Denis Diderot, Jean le Rond d'Alembert, David Hume, Thomas Jefferson, Gotthold Lessing and Montesquieu.

In the end

The Age of Enlightenment ended with the French Revolution. It was replaced by Romanticism, a movement that celebrated imagination, spontaneity and passion.



At a bookstore near you: Two full-color World of Wonder compilations: "Plants & Animals" and "People & Places." For more information, please visit QuillDriverBooks.com or call 800-605-7176