



- MOVIES: THE IRISHMAN
- BOOKS: BLUE MOON: A JACK REACHER NOVEL BY LEE CHILD
- MUSIC: THREE CHORDS AND THE TRUTH BY VAN MORRISON
- TRAVEL: SOME PLACES OFFER TRIPS TO THE UNKNOWN

MILLENNIAL MONEY

Financial decisions are rarely easy, and the anxiety can be heightened for millennials

DRIVE IN

Lindsey Bahr, AP Film Writer

**SCORSESE'S
'THE IRISHMAN' IS
MATURE AND MELANCHOLY**

The runtime is the most boring aspect of Martin Scorsese's "The Irishman" to dwell on.

There is no question that three hours and 28 minutes qualifies as a long movie. And in a landscape where some films can make two hours seem bloated and overindulgent, it's at least understandable why one might be wary. But Scorsese has earned the benefit of the doubt and "The Irishman" keeps you rapt from the first winding tracking shot through a staid retirement home — a flashy cinematic show in the most un-cinematic of places — through the melancholic end.

The whole film in fact is something of a knowing contradiction: A small epic with a superhero budget, using technology like the oft-discussed de-aging process not for vulgar show or gimmickry but to add real heart and grandeur to a film that is trying to grapple with the scope of a life. The subject at hand here is Frank Sheehan (Robert De Niro), the teamster and mafia figure who claimed right before his death that he was the one who killed Jimmy Hoffa (Al Pacino).

Although hardly accepted as a definitive answer to one of

our great unsolved mysteries, Scorsese and screenwriter Steve Zaillian ("Schindler's List," "Gangs of New York"), inspired by Charles Brandt's "I Heard You Paint Houses," saw in this deathbed confession the opportunity to make something more poignant and personal: An opus about the enormity of a life lived in and around the mafia.

To pull off this ruminative trick and still make an entertaining film, Scorsese has naturally gone back to his original muse, De Niro, and a few old friends. They include Joe Pesci (who came out of retirement for an all-time performance as crime boss Russell Bufalino, who is both sympathetic and otherworldly sinister) and Harvey Keitel (in a small role), who have along with their director defined and illuminated the concept of the mafia for many who will never come near that world.

Frank tells this story of friendship, loyalty, ego, violence and family from a retirement where he is aching alone. Death is all around. Scorsese plants a brief, matter-of-fact obit on the faces you meet along the way. And Frank has the blessing and burden of having reached an age that no one is supposed to in this



Joe Pesci (left) and Robert De Niro star in "The Irishman" alongside a formidable cast

line of work. You can feel the weight of that with every word. Pacino doesn't make his entrance into the film for quite some time, but his arrival and gravitas gives the film a jolt exactly when it's needed. It's almost needless to say that seeing him and De Niro together again is a special delight.

If this all seems rather somber, it's because of the stunning last hour, which will stick with you long after the film is over. But before then, "The Irishman" is actually quite droll, with some of the best characters and dialogue you'll see in a film all year. The-

re's a long conversation about fish in one of the tensest stretches that is delightfully funny and natural, and an amusing running thread about Hoffa's distaste for lateness. The actors, the director and the script never get lost in the plot — this is the rare film that makes you feel as though life is really happening around the mafia machinations, of which there are plenty.

"The Irishman" is much more than just another mob story after all. It's also the story of a filmmaker in the late stages of his career reconciling with one aspect of his life's work. "Silence"

was that for his religion-themed films. But "The Irishman" is the more effective and clear-eyed attempt — not to mention more accessible to audiences than a tale about 17th-century Portuguese Missionaries.

But one thing that "The Irishman" is lacking for is in substantive female characters. Here, they are wives to be left, or tolerated, and daughters to protect and disappoint. The latter is embodied by Frank's daughter Peggy, who as a young girl witnesses her father commit an act of violence that puts a permanent crack in their relationship.

She is Frank's conscience, which he won't realize until it's far too late. What she isn't is a character we get to know anything about.

Perhaps who Peggy is or grew up to be (Anna Paquin portrays her as an adult) is inconsequential, though. This is Frank's story, after all, and he's still learning all the way up to the end.

"The Irishman," a Netflix release, is rated R by the Motion Picture Association of America for "pervasive language and strong violence." Running time: 208 minutes. ★★★★★

BOOK IT

**JACK REACHER IS IN DEEP TROUBLE
IN LEE CHILD'S 'BLUE MOON'**

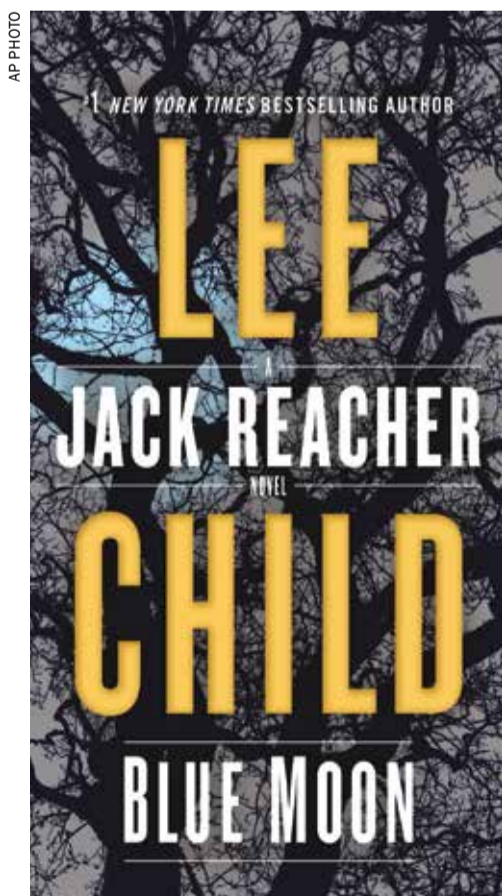
The narrative in "Blue Moon," the latest Jack Reacher novel by author Lee Child, has the feel of an old Western where the town needs the sheriff to come and fight the villains to save the day.

The adventure begins innocently enough. Jack Reacher sees an old man on a bus. A young man is watching the man intently, and Reacher realizes the old man is going to be the victim of a crime. He follows the duo off the bus, and when the young man tries to steal money from the old man, Reacher saves the day.

The old man is hurt but refuses medical assistance. He doesn't want the get the police involved. Reacher helps the man get home and learns that the man and his wife owe money to a loan shark. They have been using pawnshops and shady businessmen to obtain large sums of money, and when Reacher learns where the funds are going, he knows he must stay in town and help.

A simple act of kindness ends up putting Reacher in the middle of a turf war between rival gangs that have no idea they are fighting a man who is bent on obtaining justice for an elderly couple and a waitress who has also been wronged. Those who live in a world of greed and crime have just met their match.

JEFF AYERS, AP



"Blue Moon: a Jack Reacher Novel," Delacorte Press, by Lee Child

TUNES

**VAN MORRISON SHINES ON
'THREE CHORDS AND THE TRUTH'**



Van Morrison, "Three Chords and the Truth" (Exile/Caroline International)

Don't judge a book by its cover, or, at least with Van Morrison, an album by its title.

Arriving on the heels of a successful series of records combining some of his own composition with plenty of R&B, blues and jazz numbers, you could expect a name like "Three Chords and the Truth" and the stylized lines of the cover art to point you toward a collection of country classics. Instead, Van the Man's sixth(!) album in four years gathers over 67 minutes of Morrison originals, its 14 tracks among the most easygoing-in-a-good-way he's released in ages.

Morrison can be a wonderfully loose improviser

and there are plenty of moments, some ephemeral, like the strums at the end of opening track "March Winds in February," when the spontaneity of the poetic champion and his band survives intact.

Morrison, who also produced the album, brings "Astral Weeks" guitarist Jay Berliner back into the fold on six tracks to add some very fine acoustic guitar leads. On the soulful title track, as well as on the rollicking "Early Days" which features Morrison's honking sax, he revisits career beginnings, a theme he's tackled before which evidently continues to inspire him. "Bags Under My Eyes," sounding like a Willie Nelson homage, has tongue softly in cheek as it mourns the consequences of life on the road again.

The unfortunate character in the R&B workout of "You Don't Understand" is either suffering from a persecution complex or has really had it rough, a sentiment that also drifts over to "Read Between the Lines."

"In Search of Grace" recounts a woman's mysterious disappearance 50-odd years ago to a tune reminiscent of the Impressions' "People Get Ready," while closer "Days Gone By" is nearly eight minutes of earthbound mysticism built on folk foundations similar to those which elevated many of Morrison's best albums in decades past. After a couple of quiet periods earlier this century, Morrison's studio hot streak continues unabated with "Three Chords and the Truth."

PABLO GORONDI, AP

NEWS OF THE WORLD

Amrita Jayakumar, AP

AP PHOTO



Financial decisions are rarely easy, whether it's buying your first car or home or deciding whether to re-finance student loans.

The anxiety can be heightened for millennials who witnessed economic turmoil during the Great Recession as they weigh milestone financial choices as adults.

"Many (millennials) grew up and saw their parents lose a house or have to delay retirement," says Brad Klontz, a financial psychologist and associate professor at Creighton University. "Of course, they are going to be anxious." In fact, a survey this year by insurance company Northwestern Mutual found that this generation not only has a stronger inclination to make financial plans compared with older generations, but also has a higher level of anxiety about whether they are following the right strategy.

The survey found that 66% of millennials (those born from 1981 to 1996) said they were "highly disciplined" or "disciplined" financial planners, compared with 60% of Generation X (born 1965-1980) and 52% of baby boomers (born 1946-1964). At the same time, 70% of millennials said their financial planning needs improvement. That's compared with 68% of Gen Xers and

Millennials: Don't let anxiety rule your finances

52% of baby boomers.

There are ways to reduce the stress of financial decisions. Start by identifying your attitude toward money. Then, take action in a way that's tailored for you and turn to others who've been there.

KNOW YOUR ATTITUDE TOWARD MONEY

Most of us grow up with a specific approach toward money, often learned from our parents, imbibed from those around us or informed by our own experiences.

Being aware of your relationship with money can help you avoid pitfalls like worrying too much. Klontz, the author of several books on finances and psychology, says he's found four common approaches to money: worship, avoidance, vigilance and status.

For example, those who are vigilant about money always worry about having enough and experience trouble making spending decisions. On the other hand,

avoiders don't look at bills or statements until they absolutely have to, Klontz says.

Another source of insight about your financial mindset is Gretchen Rubi's book "The Four Tendencies," which explores what drives people's decisions. She categorizes people as obligers, questioners, rebels and upholders. (You can take Rubi's online quiz to see which one you are.)

"Your 'tendency' shapes your perspective on the world and influences what kinds of (financial) strategies will work for you," Rubi says. For example, a "questioner" likes doing their own research and will only seek outside counsel they trust, Rubi says.

TAKE ACTIONS TAILORED TO YOU

Once you've identified your attitude toward money, use that knowledge to ease the anxiety of financial decisions.

— **MAKE A TO-DO LIST:** People who don't know where to begin

can start by making a financial to-do list, says Eric Tyson, author of "Personal Finance for Dummies" and a former financial advisor. You could calculate how much money you earn and spend every month or add tasks like saving money for a goal or getting your credit in shape for a loan.

"Prioritize it, get some early victories," he says. "Don't beat yourself up thinking you've got to do it quickly."

— **STAY ACCOUNTABLE:** If you're an "obliher" and want to save up for a goal, use accountability to get started and stay motivated, Rubi says. That may be in the form of friends, a financial advisor or thinking about what you want in the future, she says.

— **VISUALIZE THE END GOAL:** If you are a "rebel" who doesn't like being told what to do and wants to pay off debt, think of the freedom you'll have when you're debt-free. Set up automatic payments so you don't have to think about them, Rubi says. The au-

tomatic payments option is effective for anyone, she notes.

TURN TO OTHERS FOR GUIDANCE

Tyson says the biggest mistake he's seen people make is that they don't get advice — or rely on one source — before making a financial decision.

"If your Uncle Joe seems financially savvy, you can run your thinking by him, but you should be selective about taking one person's advice as gospel," Tyson says.

Do your own research in addition to talking with family or friends. Consider visiting a personal finance website or downloading an app to help manage your money.

If you want an expert's perspective, turn to a fiduciary fee-only financial advisor. Advisors who are paid by fees only, not commissions, have fewer conflicts of interest; those who follow the fiduciary standard put clients' interests ahead of their own. Or you can set up a free consultation with a nonprofit credit counselor.



TRAVELOG

John Raby, AP



Maria Bedolla, left, and Alfred Ting stepping off a tour bus that arrived at Canaan Valley Resort State Park in Davis.



Jennifer Wright, from foreground, Anthony Bolgnese and Asher Groeschler hiking along a guided path at Nelson Rocks near Circleville

GOING SOMEWHERE? SOME PLACES

When Dena Espenscheid answered an advertisement on social media offering a weekend vacation to an unknown destination, her sister warned her she was going to get kidnapped. As it turns out, not only was the offer legit, Espenscheid said she “had a blast.” The West Virginia Division of Tourism arranged the free trip earlier this month to

promote the state as a perfect fall destination. The only clues: Show up in layered clothes and hiking boots and have a sense of adventure. Five hundred people applied; 33 were chosen. They were told to show up at a Washington, D.C., bus station at 7 a.m. for the trip that would return them the next day. The next clues came when they saw the

bus, which was labeled “Destination Unknown” but had a West Virginia license plate. The sides were covered in a photo of red, orange and yellow fall foliage, “and we’re heading west,” Espenscheid said. That gave them a general idea, but still, what was there to do? Plenty. And that was the point of the trip, which was open to residents of Virginia,

Maryland and Washington, D.C. “I had never thought ‘Hey let’s go to West Virginia for the weekend.’ Outside of Harpers Ferry I did not know what West Virginia had to offer,” Espenscheid said. Mystery trips have grown into their own industry, both for individual and group travel. Whether traveling by bus, train or plane, these vacations vary widely in

length, expense and destination. Often, clients are given a general idea where they’re going. Others aren’t told until they arrive at the airport. Some trips are even bought as gifts for others. Mystery trip organizers can help clients who have a hard time making a decision, are overwhelmed with where they want to go or have done so much

research that the excitement is gone, said Denise Chaykun Weaver, who started Magical Mystery Tours nearly a decade ago after she arranged a trip for a friend on a whim to San Francisco. Her firm now books hundreds of trips per year. “There’s this magical thing about a mystery trip in that you don’t have control. You don’t know

RESTAURANTS

CANTONESE



IMPERIAL COURT
Monday - Friday
11am - 3pm / 6pm - 11pm
Saturday, Sunday & Public Holidays
10am - 3pm / 3pm - 11pm
T: 8802 2361
VIP Hotel Lobby, MGM MACAU

BEIJING KITCHEN
Level 1, Grand Hyatt Macau
Opening Hours
11:30 - 14:30 / 17:30 - 23:30



KAM LAI HEEN
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3821
11:00 - 15:00 / 18:00 - 22:00
(Close on Tuesday)

SHANGHAI MIN
Level 1, The Shops at The Boulevard
Opening Hours
11:00 - 15:00; 18:00 - 22:30

SHANGHAI

CATALPA GARDEN
Mon - Sunday
11:00 - 15:00 / 17:30 - 23:00
Hotel Royal, 2-4
Estrada da Vitoria
T: 28552222

FRENCH



AUX BEAUX ARTS
Monday - Friday
6pm - 12midnight
Saturday - Sunday
11am - 12midnight
T: 8802 2319
Grande Praça, MGM MACAU



BRASSERIE
Level 3, The Parisian Macao
Monday - Sunday:
11:00am - 11:00pm
Tel: +853 8111 9200

GLOBAL

CAFÉ BELA VISTA
Grand Lapa, Macau
T: 87933871
Mon -Thurs
06:30 - 15:00 / 6:00 - 22:00
Fri - Sunday
06:30 - 22:00

MEZZA9 MACAU
Level 3, Grand Hyatt Macau
Opening Hours
Dinner: 18:00 - 22:30



VIDA RICA (RESTAURANT)
2/F, Avenida Dr Sun Yat Sen, NAPE
T: 8805 8918
Mon - Sunday
6:30 - 14:30 / 18:00 - 23:00



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The Venetian(r) Macao-Resort-Hotel
Taipa, Macau
T:853 8117 5000
mortons.com
• Bar
Open daily at 3pm
• Dining Room
Monday - Saturday: 13:00 - 23:00
Sunday: 17:00 - 22:00



ABA BAR
5pm - 12midnight
T: 8802 2319
Grande Praça, MGM MACAU

COPA STEAKHOUSE
3/F, Sands Macao Hotel
OPENING HOURS:
Cocktails: 4:30 pm - 12:00 am
Dinner: 5:30 pm - 11:00 pm
Tel: +853 8983 8222



PASTRY BAR
10am - 8pm
T: 8802 2324
Level 1, MGM MACAU



Rossio
7am - 11pm
T: 8802 2372
Grande Praça, MGM MACAU



NORTH BY SQUARE EIGHT
11am - 1am
T: 8802 2388
Level 1, MGM MACAU



OFFER TRIPS TO THE UNKNOWN

where you're going," she said. "Surprises are really fun." Many companies offer trips based on clients' interests, so there's no arm twisting. Travelers aren't going to be sent on a skydiving trip if they're afraid of heights. "We definitely get a lot of 'I want a beach, I want something warm,'" she said. Pink Bus Mystery Trips of Fargo, North

Dakota, started in 2007 as a fundraising event for ALS research and now plans vacations for women. It took groups on sold-out trips to Michigan in June and Texas in October and plans a two-week trip to Scandinavia next September. Among other online trip organizers are Pack Up + Go and SurpriseMeTrips. Upscale vendors include The Travel Me-

chanic and the Black Tomato while Rustic Pathways specializes in summer group packages worldwide for students. Espenscheid, a public speaker from Quantico, Virginia, said the West Virginia trip was especially attractive because her busy work schedule is already mapped out and involves a dress and high heels. She recently went to Miami for speaking



Alicia Tenise horseback riding in Canaan Valley near Davis

engagements and had another one in the works to Nashville. "How nice would it be to travel on a weekend and not have to plan it?" she said. A few hours into the West Virginia mystery trip, her group stopped at Blackwater Falls for a gourmet lunch. "Something out of a dream," Espenscheid said. There also was

horseback riding and hiking to Seneca Rocks that took them nearly 900 feet above the valley floor. The group enjoyed dinner, poking around shops, cafes, breweries and other nightlife in the former coal mining and timber towns of Davis and Thomas. They watched musical acts at a general store-turned-cafe and concert venue, and spent the night

at Canaan Valley Resort and Conference Center. By the next evening, Espenscheid was back home — her sister didn't have to worry any longer. "I would absolutely do it again," Espenscheid said. "It got me out of my comfort zone. If I can sign up for another destination unknown where I'm not planning anything? It's part of the adventure."

SOUTH BY SQUARE EIGHT
24hrs
T: 8802 2389
Level 1, MGM MACAU

ITALIAN
LA GONDOLA
Mon - Sunday
11:00am - 11:00pm
Praia de Cheoc Van, Coloane,
next to swimming pool
T: 2888 0156

PORTOFINO
Casino Level 1, Shop 1039,
The Venetian Macao
TEL: +853 8118 9950



FW RIO GRILL & SEAFOOD MARKET
Tel: (853) 8799 6338
Email: riogrill_and_seafoodmarket@fishermanswharf.com.mo
Location: Cape Town, Macau Fisherman's Wharf

JAPANESE
SHINJI BY KANESAKA
Level 1, Crown Towers
Lunch 12:00 - 15:00
Dinner 18:00 - 23:00
Closed on
Tuesday (Lunch and Dinner)
Wednesday (Lunch)

ASIAN PACIFIC

GOLDEN PEACOCK

Casino Level 1, Shop 1037,
The Venetian Macao
TEL: +853 8118 9696
Monday - Sunday:
11:00 - 23:00

PORTUGUESE
CLUBE MILITAR
975 Avenida da Praia Grande
T: 2871 4000
12:30 - 15:00 / 19:00 - 23:00

FERNANDO'S
9 Praia de Hac Sa, Coloane
T: 2888 2264
12:00 - 21:30

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NAAM
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NAAM
Grand Lapa, Macau
956-1110 Avenida da Amizade, The Resort
T: 8793 4818
12:00 - 14:30 / 18:30 - 22:30
(Close on Mondays)

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Avenida de Kwong Tung, 38/F Taipa
Sun-Thu: 13:00 - 02:00
Fri, Sat and Eve of public holiday:
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Level 1, The Countdown Hotel
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Fri & Sat:
11:00 - 24:00

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Level One, The St. Regis Macao
Cuisine: Light Fare
Atmosphere: Multi-Concept Bar
Setting: Refined, Inviting
Serving Style: Bar Menu
Dress Code: Casual
Hours: 12:00 PM - 1:00 AM;
Afternoon Tea: 2:00PM - 5:30 PM
Phone: +853 8113 3700
Email: stregisbar.macao@stregis.com



D2
Macau Fisherman's Wharf
Edf. New Orleans III
Macao

VIDA RICA BAR
2/F, Avenida Dr. Sun Yat Sen, NAPE
T: 8805 8928
Monday to Thursday: 12:00 - 00:00
Friday: 12:00 - 01:00
Saturday: 14:00 - 01:00
Sunday: 14:00 - 00:00

VASCO
Grand Lapa, Macau
956-1110 Avenida da Amizade, 2/F
T: 8793 3831
Monday to Thursday: 18:30 - 12:00
Friday to Saturday: 18:00 - 02:00
Sunday: 18:00 - 24:00

WHAT'S ON



TODAY (NOV 1)
2019 MACAU OPEN BADMINTON

The Macau Open Badminton Championship has been held since 2006 and it is also part of the HSBC BWF World Tour. The Open attracts 300 top competitors from around the world every year, stimulating local interest, and the development of badminton in Macau. A few local contestants are hoping to make it through the qualification rounds and compete for the prize money. Last year the women's singles winner was Canada's Michelle Li, now Number 9 in the BWF World Rankings.

TIME: 12pm (November 1-3)
VENUE: Tap Seac Multisport Pavilion
ADMISSION: MOP150 per day (November 1)
MOP400 per day (November 2-3)
ORGANIZER: Badminton Federation of Macau
ENQUIRIES: (853) 6698 9877
KONG SENG TICKETING SERVICE: 2855 5555
www.macauticket.com



TOMORROW (NOV 2)
WE LEO KU WORLD TOUR PART 2 IN MACAU

Hong Kong singer Leo Ku launched his music career in 1994 and since then has released more than 35 albums and won approximately 300 awards for his music. The WE Leo Ku World Tour kicked off last year in Hong Kong with nine sold-out shows. The pop star is coming to Macau this month to perform his classic hits.

TIME: 8pm
VENUE: Cotai Arena, Venetian Macau
ADMISSION: MOP380, MOP580, MOP780,
MOP980, MOP1380
ORGANIZER: Venetian Macau
ENQUIRIES: (853) 2882 8818
www.cotaiticketing.com
KONG SENG TICKETING SERVICE: 2855 5555
www.macauticket.com



FUTURISTIC POLAR BEARS

British electronic dance music duo Futuristic Polar Bears is known for its progressive-house sounds. In the last 18 months alone the duo has issued work on several labels, including Revealed Recordings, Spinnin' Records, Wall Recordings, Smash The House, Armada Music, and Harem. The duo is back in Macau this month for a show at Club Cubic.

TIME: 10pm
VENUE: Club Cubic, City of Dreams
ADMISSION: MOP250
ORGANIZER: Club Cubic
ENQUIRIES: (853) 6638 4999
Email: rsvp@cubic-cod.com
www.cubic-cod.com



SUNDAY (NOV 3)
'ENCHANTING TUNES FROM THE SCREEN' – WEN FENGCHAO AND MACAU CHINESE ORCHESTRA

This concert presents a repertoire of enchanting soundtracks from contemporary films and television series, allowing the audience to relive the compelling stories of these audio-visual productions acoustically. The concert programme features a list of compositions in various styles, ranging from thunderous to spectacular, or mysterious to graceful, all of which are to be presented in the form of a musical ensemble, concerto or vocal performance. Each of the compositions has its own distinctive artistic style and spices up the respective audio-visual production. This is an absolutely exquisite audio-visual feast that music aficionados should not miss!

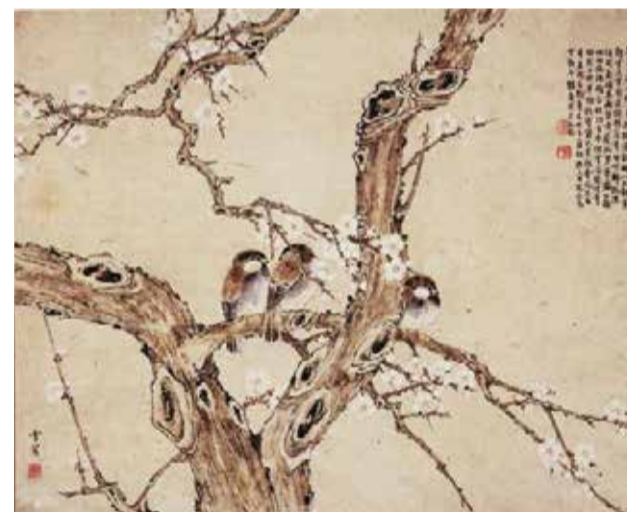
TIME: 8pm
VENUE: Broadway Theatre
ADMISSION: MOP120, MOP140, MOP160, MOP200
ORGANIZER: Macau Cultural Bureau
ENQUIRIES: (853) 8399 6699
http://www.icm.gov.mo/ochm/E/default
KONG SENG TICKETING SERVICE: 2855 5555
www.macauticket.com



MONDAY (NOV 4)
2ND MACAU OCEAN CULTURE FESTIVAL

The Macau Ocean Culture Festival returns in 2019 – following an inaugural edition in 2017 – with a series of cultural activities to celebrate the city's history as a port, and its maritime traditions. The programme includes an exhibition featuring a junk boat berthed near Sai Van Lake Square, offering outings on the lake.

CREATIVE DESIGN COMPETITION EXHIBITION
TIME: open 24 hours
UNTIL: December 19, 2019
VENUE: Sai Van Lake
ADMISSION: Free
ORGANIZER: History and Culture Association of Port of Macau
FACEBOOK: porthistormacau
www.porthistory.org.mo



TUESDAY (NOV 5)
QUIETNESS AND CLARITY: WORKS OF CHEN ZHIFU FROM THE COLLECTION OF THE NANJING MUSEUM

Chen Zhifu was a Chinese artist noted for his meticulous-style flower-and-bird paintings, as well as an art educator and a pioneer of the Chinese arts and crafts of the 20th century. His works, featuring fine and careful depictions, are elegant and bright, sweet-toned, giving off a graceful and lofty charm. By using creative patterns with a decorative flair, he was an innovator, generating new developments for the genre. This exhibition, showcasing the artist's flower-and-bird paintings, sketches, as well as materials used in different periods, introduces his art in a comprehensive way, with the objective to deepen the public's understanding of meticulous flower-and-bird painting, as well as the artist's creative spirit.

TIME: 10am-7pm (No admittance after 6:30pm, closed on Mondays)
UNTIL: November 17, 2019
VENUE: Macau Museum of Art
ADMISSION: Free
WEBSITE: www.mam.gov.mo
ENQUIRIES: (853) 8791 9814
Email: mam@icm.gov.mo
ORGANISERS: Macau Museum of Art; Nanjing Museum



WEDNESDAY (NOV 6)

THE WORLD AS WILL AND IDEA – COLLECTIVE EXHIBITION OF EMERGING ARTISTS FROM MAINLAND CHINA

The exhibition, curated by veteran professional Sun Feng, invited five young contemporary artists from Mainland China, namely Ouyang Sulong, Yuan Song, Liang Manqi, Hu Weiyi and Ying Xinxun, to showcase a total of 26 different types of large-scale artworks, including spatial drawing installations, interactive video installations, 3D printings, photographs, videos and sculptures. By combining different media materials, the artists create works in an innovative and distinctive styles, seeking to convey their unique views on daily life and social issues as well as probing into inner senses and philosophy, and reflecting the aesthetic features of contemporary arts in China. Through their artworks, the artists attempt to interpret spiritual images, taking the audience on a journey of perception and understanding by inspiring them to explore and reflect on themselves and the external world.

TIME: 10am-7pm (No admittance after 6:30pm, closed on Mondays)

UNTIL: February 23, 2020

VENUE: Macau Contemporary Art Centre - Navy Yard No.1, located at Rua de S. Tiago Da Barra

ADMISSION: Free

ORGANISER: Cultural Affairs Bureau

ENQUIRIES: (853) 8791 9814

www.icm.gov.mo



THURSDAY (NOV 7)

LINGUA FRANCA – 2ND ANNUAL ARTS EXHIBITION BETWEEN CHINA AND PORTUGUESE-SPEAKING COUNTRIES

“Lingua Franca” features photography and video works by 22 representative artists from 10 countries and regions, including mainland China, Macau, and the Portuguese-speaking countries, showcasing the distinctive regional cultures and diverse customs. The exhibition is held at the Green Townhouses, open for the first time after its restoration, as well as at the Former Municipal Cattle Stable.

TIME: 10am-7pm (Closed on Monday)

UNTIL: December 8, 2019

VENUE: No. 55-57, Avenida do Coronel Mesquita, known as Green Townhouses; Former Municipal Cattle Stable

ADMISSION: Free

ENQUIRIES: (853) 8988 4000

ORGANIZER: Cultural Affairs Bureau

www.icm.gov.mo

Sands WEEKEND



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Explore the secret of the spicy delicacies

ENJOY OUR SELECTION OF SICHUAN DELICACIES

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Try our special Sichuanese menu at North and experience the delicious hot dishes of one of China's most famous regional cuisines. Signature dishes include Crispy beef with dried chilli, cumin and sesame seeds, and Clam and Chinese baby lobster in sesame chilli oil.

Reservations: +853 8118 9980 or north.reservation@sands.com.mo



意國情 品味週末
BRUNCH EXTRAVAGANZA

BRUNCH EXTRAVAGANZA AT PORTOFINO

Every Saturday
Shop 1039, Level 1, The Venetian Macao

It's your weekend and you deserve to treat yourself and the whole family to a fun-filled SATURDAY. Join us at Portofino for an unforgettable BRUNCH extravaganza and indulge in amazing Italian and Mediterranean dishes with the best selection of fresh seafood, live cooking stations, and the famous Venetian entertainment.

Time: 11:30am - 3:30pm
Price: Adult from MOP538* | Child from MOP270*
Reservations: +853 8118 9950 or portofino.reservation@sands.com.mo

*Subject to 10% service charge.



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Shop 310d, Level 3, Shoppes at Parisian

The Parisian Privé Styling Suite, a new and unique service exclusive to Shoppes at Parisian, is an intimate, bespoke space where you can enjoy personalised styling consultation with our Fashion Stylist for the latest looks, trends and fashion tips, as well as make-up and gift recommendations for special occasions. Whether you need a wardrobe update, plan a shopping spree or are just looking for a special gift, our Styling service is designed to meet the needs of each and every individual.

Time: 12pm to 8pm Daily (Closed on Tuesdays)
Reservations: +853 8111 2733 or info.stylingsuite@sands.com.mo



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WORLD OF WONDER

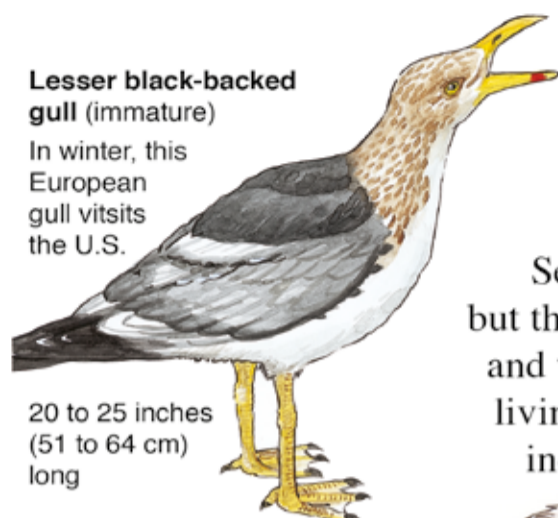
Exploring the realms of history, science, nature and technology

SEABIRDS

Lesser black-backed gull (immature)

In winter, this European gull visits the U.S.

20 to 25 inches
(51 to 64 cm)
long



Blue-footed booby

35 inches
(90 cm) long



Seabirds come in a variety of shapes, sizes and colors, but they share some basic characteristics, such as webbed feet and waterproof feathers. These unique features are ideal for living on or near salt water. The most well-known seabirds include penguins, gulls, auks, pelicans and albatrosses.

Where they live

Seabirds exist near oceans and seas all over the world, from the emperor penguin in Antarctica to the brown booby in the tropics. Ninety-five percent of seabirds are colonial and usually nest on islands, cliffs or headlands, where the threat of land mammals is minimal.

Looking back

The first seabirds evolved in the **Cretaceous period**, and modern seabird families emerged in the Paleogene.

Seabirds have provided food to hunters, guided fishermen to fishing stocks and led sailors to land.

Differences

Seabirds tend to live longer, breed later and have fewer young than other birds. Most nest in colonies, which can vary in size from a few dozen birds to millions. Some seabirds undertake extraordinarily long migrations, traveling thousands of miles a year, crossing the equator and, in some cases, circling the globe.

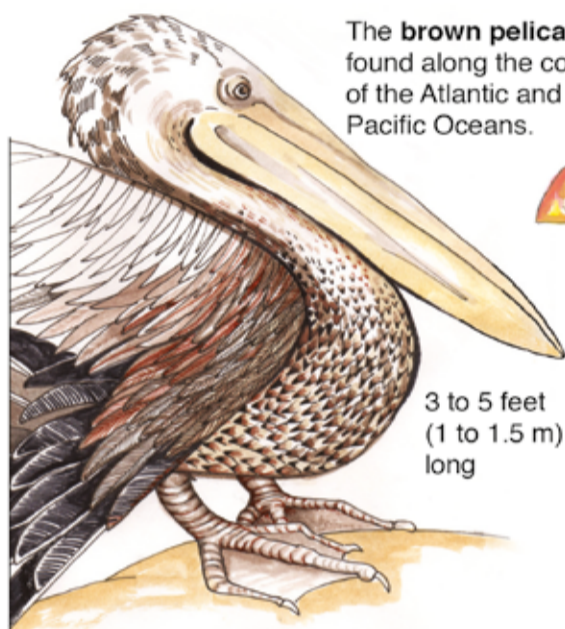
Food for thought

Seabirds feed on marine life at the ocean's surface and below it. Fish, squid, crustaceans, krill and plankton are often on the menu. Some feed on other seabird species' eggs, chicks or nesting adults. Frigatebirds and gulls are notorious for scavenging or stealing food.

Bringing up baby

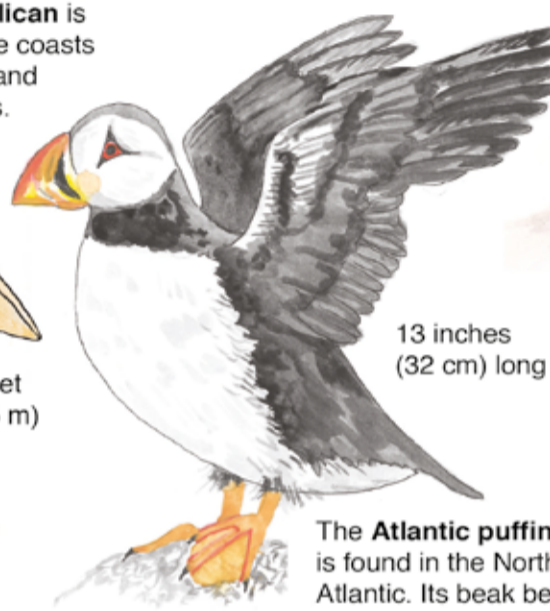
Many seabirds return to where they were born to breed and nest. Mated couples are almost always **monogamous** for at least one season, and some species form pair bonds that last for life. Many species mate every other year and have just one clutch, some with just one egg. Seabirds are excellent parents and will spend up to six months nurturing their chicks.

The **brown pelican** is found along the coasts of the Atlantic and Pacific Oceans.



3 to 5 feet
(1 to 1.5 m)
long

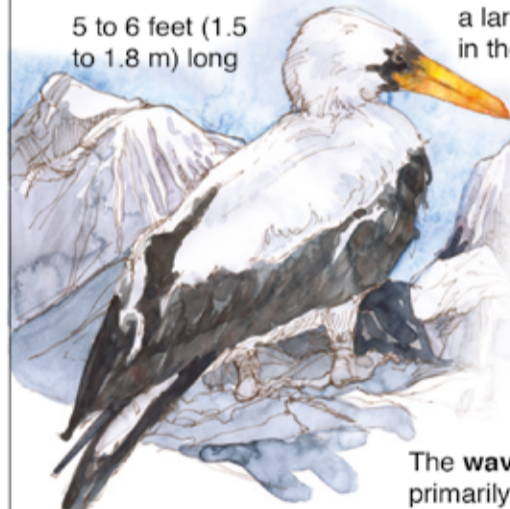
13 inches
(32 cm) long



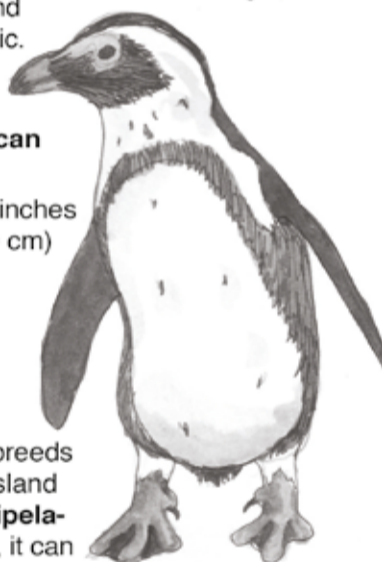
The **Atlantic puffin** is found in the North Atlantic. Its beak becomes more colorful in mating season.

5 to 6 feet (1.5 to 1.8 m) long

The **Nazca booby** is a large seabird found in the eastern Pacific.



The **African penguin** 24 to 28 inches (60 to 70 cm) tall



The **waved albatross** breeds primarily on Española Island in the **Galápagos archipelago**. When not breeding, it can be found on the Ecuadorian and Peruvian coasts.

31 to 35 inches
(80 to 90 cm) long



Did you know?

Seabirds have **salt glands** in their heads that filter the salt from the water and food they eat. The salt is then excreted through their nostrils.

Seabirds tend to live much longer than other birds (between 20 and 60 years).

The **Arctic tern** travels round trip from the Arctic to the Antarctic and back each year—a total distance of over 22,000 miles (35,400 km).

The **sooty tern's** migration length has never been measured because they have been known to stay in flight for years without touching ground.

Cormorants have been trained and used by humans for fishing in Asia for about 1,300 years.

The smallest seabird in the world is the **least storm petrel**, which weighs 1 ounce (31 gm) and is found in the Sea of Cortez.

Seabirds' eyes contain special droplets of red oil in the retinas, which protect them from the sun and glare.

Threats

The world's seabird populations have dropped dramatically in the last 60 years, and many species are near extinction.

Greatest threats:

- **Overhunting** by humans for feathers and eggs.
- Introduction of **predators** into previously safe nesting areas.
- **Habitat destruction**.
- Ecologically disruptive activities, such as **overfishing**.
- **Longline fishing**, which, when performed without safety streamers, hooks and drowns tens of thousands of albatrosses and other seabirds each year.

SOURCES: World Book Encyclopedia; www.birdlife.org; www.allaboutbirds.org; www.birds-of-north-america.net; www.fisheries.noaa.gov; https://www.audubon.org; https://www.birds.cornell.edu

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